
Fallon B. Ringer

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Education

- 2015 – Present Florida State University
Tallahassee, FL
Doctoral Student
Clinical Psychology
Master's Prospectus: "Suicide-Related Internet Use's Effects on Suicide Risk and Fearlessness About Death"
- 2011 - 2014 University of Southern Mississippi
Hattiesburg, MS
Bachelor of Science
Honors College Graduate Summa Cum Laude
Honors Thesis: "Thwarted Belongingness in Relation to Face-to-Face and Online Interactions"

Publications

2018

- Ringer, F. B.**, & Anestis, M. D. (2018). Thwarted Belongingness in Relation to Face-to-Face and Online Interactions. *Suicide and Life-Threatening Behavior*, 48(4), 468-480.
- Rogers, M. L., **Ringer, F. B.**, & Joiner, T. E. (2018). The association between suicidal ideation and lifetime suicide attempts is strongest at low levels of depression. *Psychiatry research*, 270, 324-328.

2017

- Ringer, F. B.**, Soberay, K. A., Rogers, M. L., Hagan, C. R., Chu, C., Schneider, M., Podlogar, M. C., Witte, T., Holm-Denoma, J., Plant, E. A., Gutierrez, P. M., & Joiner, T. E. (2017). Initial validation of brief measures of suicide risk factors: Common data elements used by the Military Suicide Research Consortium. *Psychological Assessment*, 30(6), 767.
- Chu, C., Buchman-Schmitt, J. M., Stanley, I. H., Hom, M. A., Tucker, R. P., Hagan, C. R., Rogers, M. L., Podlogar, M. C., Chiurliza, B., **Ringer, F. B.**, & Michaels, M. S. (2017). The interpersonal theory of suicide: A systematic review and meta-analysis of a decade of cross-national research. *Psychological Bulletin*, 143(12), 1313.
- Chu, C., Hom, M. A., Rogers, M. L., Stanley, I. H., **Ringer, F. B.**, Podlogar, M. C., ... & Joiner, T. E. (2017). Insomnia and suicide-related behaviors: A multi-study investigation of thwarted belongingness as a distinct explanatory factor. *Journal of Affective Disorders*, 208, 153-162.
- Podlogar, M. C., Houtsma, C., Khazem, L. R., **Ringer, F.**, Mofield, T., Green, B. A., ... & Joiner, T. E. (2017). The Associations Between Army National Guard Versus Active Duty Soldier Status and Perceived Burdensomeness, Thwarted Belongingness, and Acquired Capability. *Journal of Clinical Psychology*.
- Suh, S., Ebesutani, C. K., Hagan, C. R., Rogers, M. L., Hom, M. A., **Ringer, F. B.**, ... & Joiner, T. E. (2017). Cross-cultural relevance of the Interpersonal Theory of suicide across Korean and US undergraduate students. *Psychiatry Research*, 251, 244-252.

2016

- Chu, C., Hom, M. A., Rogers, M. L., **Moberg, F. B.**, Hames, J. L., Suh, A., & Joiner, T. E. (2016). Is insomnia lonely? Exploring thwarted belongingness as an explanatory link between insomnia and suicidal ideation in a sample of South Korean university students. *Journal of Clinical Sleep Medicine, 12*(5), 647-652.
- Hom, M. A., Stanley, I. H., **Ringer, F. B.**, & Joiner, T. E. (2016). Mental health service use among firefighters with suicidal thoughts and behaviors. *Psychiatric Services, 67*(6), 688-691.
- Rogers, M. L., Anestis, J. C., Harrop, T. M., Schneider, M., Bender, T. W., **Ringer, F. B.**, & Joiner, T. E. (2016). Examination of MMPI-2-RF Substantive Scales as Indicators of Acute Suicidal Affective Disturbance Components. *Journal of Personality Assessment, 1*-11.
- Rogers, M. L., **Ringer, F. B.**, & Joiner, T. E. (2016). A meta-analytic review of the association between agitation and suicide attempts. *Clinical Psychology Review, 48*, 1-6.
- Rogers, M. L., **Ringer, F. B.**, Michaels, M. S., Chiurliza, B., Hagan, C. R., Chu, C., ... & Joiner, T. E. (2016). Sex Differences in Suicide-Related Symptoms in a Large Military Sample. *Military Behavioral Health, 1*-8.

2015

- Anestis, M. D., Khazem, L. R., Law, K. C., Houtsma, C., LeTard, R., **Moberg, F.**, & Martin, R. (2015). The association between state laws regulating handgun ownership and statewide suicide rates. *American Journal of Public Health, 105*(10), 2059-2067.
- Chu, C., Buchman-Schmitt, J. M., **Moberg, F. B.**, & Joiner, T. E. (2015). Thwarted Belongingness Mediates the Relationship Between Fear of Negative Evaluation and Suicidal Ideation. *Cognitive Therapy and Research, 1*-7.
- Moberg, F. B.**, & Anestis, M. D. (2015). A preliminary examination of the relationship between social networking interactions, internet use, and thwarted belongingness. *Crisis, 36*(3), 187-193.

2014

- Anestis, M. D., **Moberg, F. B.**, & Arnau, R. C. (2014). Hope and the interpersonal-psychological theory of suicidal behavior: Replication and extension of prior findings. *Suicide and Life-Threatening Behavior, 44*(2), 175-187.

Conference Presentations

2017

- Ringer, F. B.**, Gai, A., Rogers, M. L., Chu, C., Schneider, M., Joiner, T. E. (2017, November). *Clinical Cut-Off Scores for Shortened Measures in the Military Suicide Research Consortium Common Data Elements*. Poster presented at the International Summit on Suicide Research in Henderson, Nevada.
- Ringer, F. B.**, Gai, A., Rogers, M. L., Chu, C., Schneider, M., Joiner, T. E. (2017, April). *Clinical Cut-Off Scores for Shortened Measures in the Military Suicide Research Consortium Common Data Elements*. Poster presented at the Department of Psychology Graduate Research Day in Tallahassee, FL.

2016

- Ringer, F. B.**, Rogers, M. L., Hagan, C. R., Chu, C., Schneider, M., Anestis, M., Joiner, T. E. (2016, March). *Difficulties in emotion regulation account for the relationship between automatic thoughts and frequency of self harm*. Poster presented at the Department of Psychology Graduate Research Day, Tallahassee, FL.

2015

Law, K. C., **Moberg, F. B.**, Martin, R. L., & Anestis, M. D. (2015, April). *The impact of internet use on the relationship between rumination and suicidal desire*. Poster presented at the 48th Annual Conference of the American Association of Suicidology (AAS), Atlanta, GA.

2014

Moberg, F.B. & Anestis, M.D. (2014, April). *The relationship between social networking interactions, internet use, and suicidal desire*. Poster presented at the 47th Annual Conference of the American Association of Suicidology (AAS), Los Angeles, CA.

Moberg, F. B. (2014, November). *Thwarted belongingness in relation to face-to-face and online interactions*. Paper presented at the 23rd Annual McNair Research Conference and Graduate Fair, Delavan, WI.

Moberg, F. B., Law, K. C., Green, B. A., & Anestis, M. D. (2014, November). *Facets of impulsivity and their relationship to non-suicidal self-injury frequency and number of methods*. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Research Experience

Graduate Research Assistant

2015 - present

Laboratory for the Study and Prevention of Suicide-related Conditions and Behaviors

Florida State University

Principal Investigator: Thomas Joiner, Ph.D.

Research Coordinator

2012 - 2015

Suicide and Emotion Dysregulation Lab

The University of Southern Mississippi

Principal Investigator: Michael Anestis, Ph.D.

Clinical Experience

Psychology Therapist Trainee

August 2016 – September 2018

Florida State University Psychology Clinic

(20hrs/week)

Supervisors: Dr. Brad Schmidt, Dr. Therese Kemper, Dr.

Thomas Joiner

Description: Individual therapy; Dialectical Behavior Therapy

Group leader

Populations served: adult, adolescent, and children;

community members and students

Psychology Trainee

September 2016 – August 2018

Tallahassee Memorial Hospital Neuropsych Clinic

(8hrs/wk)

Supervisors: Dr. Carlton Gass

Description: Neuropsychological testing

Populations: adult community members

Psychology Trainee

January 2019 – August 2019

Tallahassee Veteran's Affairs Mental Health Services

(8hrs/wk)

Supervisors: Dr. Diana Marshall

Description: Individual therapy; group therapy

Populations: adult military veterans

Teaching Experience

Awards and Scholarships

APAGS Psychological Science Research Grant	2019
Military Suicide Research Consortium Training Day Travel Award (American Association of Suicidology Conference)	2015
McNair Scholars Fellowship	2015 - present
Outstanding Undergraduate Research Award in Psychology	2014
Recipient of the University Scholarship	2011 -2014
Recipient of the John M. and Elizabeth Beeman Bleuer Scholarship	2011 - 2014
Recipient of the Biloxi Rotary Club Scholarship	2011
Dean's List	Fall 2011
President's List	Spring 2012, Spring 2013, Spring 2014, Summer 2014

Professional Affiliations and Memberships

Honors College of the University of Southern Mississippi, *Alumna*
Ronald E. McNair Post-baccalaureate Achievement Program, *McNair Scholar*
Association for Behavior and Cognitive Therapies, *Member*
American Association for Suicidology (AAS), *Student Member*