

BRIEF AGITATION MEASURE

INSTRUCTIONS: Please read each item below and indicate to what extent you feel the statement describes you.
Rate each statement on the scale below.

	Strongly Disagree (0)	Disagree (1)	Somewhat disagree (2)	Neither agree nor disagree (3)	Somewhat agree (4)	Agree (5)	Strongly agree (6)
1. Recently, I want to crawl out of my skin.	0	1	2	3	4	5	6
2. Recently, I feel so stirred up inside I want to scream.	0	1	2	3	4	5	6
3. Recently, I feel a lot of emotional turmoil in my gut.	0	1	2	3	4	5	6