

# Are relations between ADHD symptoms, ASD symptoms, and academic difficulties mediated by social problems?

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# Introduction

- ADHD and ASD have significant overlap in clinical symptoms and functional impairments
- Specifically, social dysfunction is a core diagnostic feature of ASD and is also a common area of impairment for 50-80% of children with ADHD (deBoo & Prins, 2006)
- Additionally, both groups of children commonly have difficulties with academic productivity and success
- Research has shown relations between social problems and and academic performance in typically developing children (cf. Wentzel, 2005)
- However, few studies have examined this in clinical samples, particularly in the context of ADHD and ASD symptoms

#### **Research Question**

How do social problems mediate the relation between ADHD and ASD symptoms and academic performance?

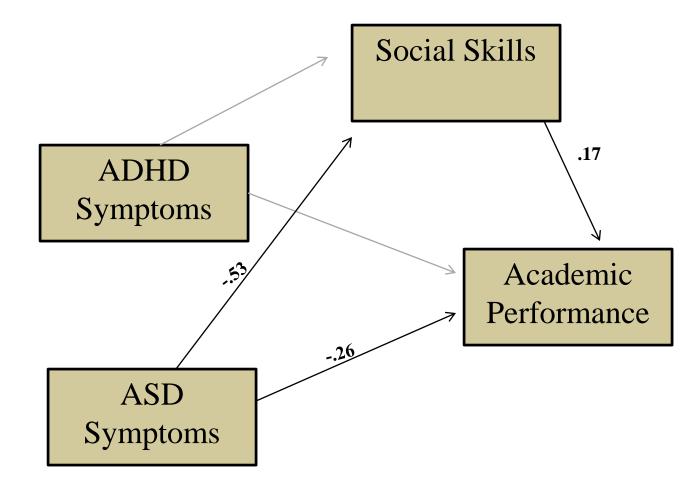
### **Methods**

## **Participants**

• 135 children (53 girls), ages 8-13 (M = 10.18, SD = 1.46)

#### Measures

- Behavior Assessment Scale for Children-2 (BASC-2) Social Skills Subscale
- Social Skills Improvement System (SSIS) ADHD and ASD Problem Behavior Subscales
- Academic Performance Rating Scale (APRS)



2. Impact of Teacher-Reported ADHD Symptoms, ASD Symptoms, and Social Skills on Academic Performance (N = 144)

Total Effect	Academic Performance		
	β	SE	p
ADHD Symptoms → Academic Performance	19	.10	.057
ASD Symptoms → Academic Performance	35**	.10	.002
Direct Effects			
ADHD Symptoms → Social Skills	06	.10	.50
ASD Symptoms → Social Skills	53**	.09	<.0005
Social Skills → Academic Performance	.17	.09	.048
ADHD Symptoms → Academic Performance	18	.10	.06
ASD Symptoms → Academic Performance	26*	.11	.02
Indirect Effects (through mediator)			
ADHD → Social Skills → Academic Performance	01	.02	.35
95% CI of Bootstrap	07 to01		
Effect Ratio (95% CI)	.05		
ASD → Social Skills → Academic Performance	09*	.048	.037
95% CI of Bootstrap	20 to01		
Effect Ratio (95% CI)	.26		
Model Summary	$R^2$		p
	.27**		.001

ias-corrected bootstrapping was used for all analyses. Paths labels reflect standard lature (cf. Fritz & MacKinnon, 2007); c and c' reflect the total and direct effect of and ASD symptoms on academic performance before and after accounting for social spectively; \*p < .05, \*\*p < .01.

#### Results

- ASD, but not ADHD symptoms significantly predicted social skills deficits, as well as lower academic achievement
- The direct effect of social skills on academic performance was significant, and the indirect effect was significant for ASD symptoms
- The direct effects of ASD symptoms on academic performance remained significant with social skills included in the model

## Conclusion

- Interestingly, just ASD symptoms had a significant indirect effect on academic performance, mediated by social skills
- Contrary to previous studies, ADHD symptoms did not directly predict social skills (deBoo & Prins, 2007) or academic performance (Daley & Birchwood, 2010)
- Some limitations include the reliance on teacher report of children's symptoms and the correlational nature of the study
- Future studies should use parent and teacher measures to assess child behavior, and use multiple measures to assess each construct

## References

Daley, D., & Birchwood, J. (2010). ADHD and academic performance: why does ADHD impact on academic performance and what can be done to support ADHD children in the classroom?. *Child:* care, health and development, 36(4), 455-464.

de Boo, G. M., & Prins, P. J. (2007). Social incompetence in children with ADHD: Possible moderators and mediators in social-skills training. *Clinical Psychology Review*, *27*(1), 78-97.

Welsh, M., Parke, R. D., Widaman, K., & O'Neil, R. (2001). Linkages between children's social and academic competence: A longitudinal analysis. *Journal of School Psychology*, *39*(6), 463-482.

