

CURRICULUM VITAE

Sophie R. Abber, M.S.

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EDUCATION

- 2021-Present **Florida State University**, Tallahassee, FL
Doctoral Candidate, Clinical Psychology
- 2019-2021 **Drexel University**, Philadelphia, PA
M.S., Psychology, thesis passed with distinction
- 2015-2019 **University of San Diego**, San Diego, CA
B.A., Behavioral Neuroscience and Anthropology (Chemistry minor)

GRANTS AND FELLOWSHIPS

- 2020-2021 **Louis and Bessie Stein Family Fellowship**
Cognitive Flexibility Impairments in Eating Disorders: A Proposed Ben Gurion-Drexel Collaboration
Role: Principal Investigator (Co-Investigators: N. Meiran, E. Forman, & S. Manasse)
Amount Awarded: \$6,000
- 2020 **Psi Chi Graduate Research Grant**
Shifting to Task-Switching: Re-Evaluating Cognitive Flexibility in Bulimia Nervosa
Role: Principal Investigator
Amount Awarded: \$1,030
- 2020 **WELL Center Meritorious Student Grant**
Shifting to Task-Switching: Re-Evaluating Cognitive Flexibility in Bulimia Nervosa
Role: Principal Investigator
Amount Awarded: \$500
- 2018-2019 **Keck Undergraduate Research Fellowship**
Women, Agency, and Resistance: From the Salem Witch Trials to the #MeToo Movement
Role: Principal Investigator
Amount Awarded: \$7,500

AWARDS AND HONORS

- 2024 **Best Student Abstract Award**, Eating Disorders Research Society
- 2024 **Best Trainee Poster Award (\$50)**, Association for Behavioral and Cognitive Therapies Eating Disorders and Eating Behaviors (EDEB) Special Interest Group
- 2023 **Student Travel Scholarship (\$2,000)**, Academy for Eating Disorders
- 2023 **Rising Star Award (\$500)**, University of California, San Diego 4th Annual Eating Disorders Conference
- 2023 **Conference Presentation Grant (\$250 x3, \$600 x1)**, Florida State University Congress of Graduate Students
- 2023 **Young Investigator Award**, Academy for Eating Disorders Assessment and Diagnosis Special Interest Group
- 2023 **Graduate Research Development Award for Travel (\$800)**, Florida State University Psychology Department
- 2022 **Russell and Eugenia Morcom Graduate Research Day Excellence Award (\$300)**, Florida State University

2022	Top-Scoring Paper Abstract in Diagnosis, Classification, and Measurement , Academy for Eating Disorders
2021	National Science Foundation Graduate Research Fellowship Honorable Mention
2019	Exemplary Performance in Anthropology Award , University of San Diego
2019	Departmental Honors in Anthropology , University of San Diego
2019-2021	Dean's Fellowship (\$4,400) , Drexel University
2015-2019	Alcala Scholarship (\$100,000) , University of San Diego

PEER-REVIEWED PUBLICATIONS (n=27, n=6 first-author, n=1 co-first author)

*denotes undergraduate or postbac mentee

†denotes co-first authors

°denotes co-senior authors

1. **Abber, S. R.**, Peterkin, D., Brown, C. S., Joiner, T. E., Wierenga, C. E. °, & Forrest, L. N. ° (in press). Empirically determining binge/purge frequency thresholds for differentiating anorexia nervosa – restricting subtype vs. binge-purge subtype. *International Journal of Eating Disorders*.
2. **Abber, S. R.**, Presseller, E. K., Richson, B. N., Joiner, T. E., & Wierenga, C. E. (in press). Latent trajectories of change in dietary restriction during treatment in avoidant/restrictive food intake disorder and anorexia nervosa. *International Journal of Eating Disorders*. doi: 10.1002/eat.24382.
3. Velimirović, M., Robison, M., **Abber, S. R.**, Duffy, A., Rienecke, R. D., Manwaring, J., Blalock, D. V., Riddle, M., Mehler, P. S., & Joiner, T. E. (in press). Anxiety, obsessive-compulsive, and depressive symptom presentation and change throughout routine eating disorder treatment. *European Eating Disorders Review*. doi: 10.1002/erv.3160.
4. Billman Miller, M. G., **Abber, S. R.**, Hamilton, A., Ortiz, S. N., Jacobucci, R. C., Smith, A. R., & Forrest, L. N. (in press). Data mining identifies meaningful severity specifiers for anorexia nervosa. *Journal of Psychopathology & Clinical Science*.
5. Guadagnoli, L., **Abber, S. R.**, Geeraerts, A., Geysen, H., Pauwels, A., Tack, J., Van Oudenhove, L. °, & Vanuystel, T. ° (2025). Physiological and psychological factors contribute to real-time esophageal symptom reporting in patients with refractory reflux. *American Journal of Gastroenterology*, 120, 344-352. doi: 10.14309/ajg.0000000000003033.
6. Richson, B., **Abber, S. R.**, & Wierenga, C. E. (2024). Conceptualizing avoidant/restrictive food intake disorder via an executive functioning lens. *International Journal of Eating Disorders*, 57, 1991-1998. doi: 10.1002/eat.24233.
7. Presseller, E. K., **Abber, S. R.**, Lampe, E.W., & Juarascio, A.S. (2024). A preliminary study of latent trajectories of change in dietary restraint during CBT-E for bulimia-spectrum eating disorders and their associations with treatment response. *Eating Disorders: The Journal of Treatment & Prevention*. doi: 10.1080/10640266.2024.2357942.
8. **Abber, S. R.**, Becker, K. R., Stern, C. M., Palmer, L., Joiner, T. E., Breithaupt, L., Kambanis, P.E., Eddy, K.T., Burton-Murray, H.°, & Thomas, J. J.° (2024). Latent profile analysis reveals overlapping ARFID and shape/weight motivations for restriction in feeding and eating disorders. *Psychological Medicine*, 54, 2956-2966. doi: 10.1017/S003329172400103X.
9. Hill, N. G.*, **Abber, S. R.**, & Keel, P. K. (2024). The role of sexual assault history in bulimic-spectrum symptoms. *Eating Disorders: The Journal of Treatment & Prevention*, 32, 266-282. doi: 10.1080/10640266.2023.2293597.
10. **Abber, S. R.**, Buchanan, K. L., Clukey, J. R., Joiner, T. E., Staller, K.°, & Burton-Murray, H.° (2024). Latent profile analysis reveals the central role of psychological symptoms in driving disease severity in chronic constipation. *Neurogastroenterology & Motility*, 36, 1-9. doi: 10.1111/nmo.14773.
11. Robison, M. L., Udupa, N., **Abber, S. R.**, Duffy, A., Riddle, M., Manwaring, J., Rienecke, R., Westmoreland, P., Blalock, D., Le Grange, D., Mehler, P., & Joiner, T. E. (2024). "Terminal anorexia nervosa" may not be terminal: An empirical evaluation. *Journal of Psychopathology and Clinical Science*, 133, 285-296. doi: 10.1037/abn0000912.
12. **Abber, S. R.**, Murray, S. M., Brown, C.S., & Wierenga, C. E. (2024). Change in motivational bias during treatment predicts outcome in anorexia nervosa. *International Journal of Eating Disorders*, 57, 671-681. doi: 10.1002/eat.24156.

13. Manasse, S.M., Russon, J., Lampe, E.W., King, A., **Abber, S.R.**, Trainor, C., Gillikin, L., Levy, S., Diamond, G. (2024). Attachment-based family therapy to improve family functioning in adolescent binge-spectrum eating disorders: An initial evaluation via case series design. *Journal of Clinical Child Psychology and Psychiatry*, 29, 45-62. doi: 10.1177/13591045231187433.
14. Patel, T. A., **Abber, S. R.**, & Cogle, J. (2023). Do treatments for psychiatric disorders affect relationship satisfaction? A systematic review and meta-analysis. *Psychotherapy Research*. doi: 10.1080/10503307.2023.2249215.
15. Manasse, S. M., Trainor, C. M., Payne-Reichert, A. M., **Abber, S. R.**, Lampe, E. W., Gillikin, L. M., Juarascio, A. S., & Forman, E. M. (2023). Does virtual reality enhance the effects of inhibitory control training for loss-of-control eating? A pilot factorial experiment. *Eating Behaviors*, 50, 101749. doi: 10.1016/j.eatbeh.2023.101749.
16. Lampe, E.W., Presseller, E.K., **Abber, S.R.**, Sonnenblick, R.M., Juarascio, A.S., Manasse, S.M. (2023). Affective profiles of exercise episodes are associated with maladaptive and adaptive motivations for exercise. *European Eating Disorders Review*, 31, 735-893. doi: 10.1002/erv.3012.
17. Weeks, I.†*, **Abber, S. R.†**, Thomas, J. J., Calabrese, S., Kuo, B., Staller, K. °, & Burton-Murray, H. ° (2023). The intersection of disorders of gut-brain interaction with avoidant/restrictive food intake disorder. *Journal of Clinical Gastroenterology*, 57, 651-662. doi: 10.1097/MCG.0000000000001853.
18. Manasse, S.M., Lampe, E.W., Srivastava, P., **Abber, S.R.**, Fitzpatrick, B., Juarascio, A.S. (2023). Differentiating types of dietary restraint and their momentary relations with loss-of-control eating. *International Journal of Eating Disorders*, 56, 969-977. doi: 10.1002/eat.23896.
19. Chwyl, C. M., LaFata, E. M., **Abber, S. R.**, Juarascio, A. S., & Forman, E. M. (2023). Testing reward processing models of obesity using in-the-moment assessments of subjective enjoyment of food and non-food activities. *Eating Behaviors*, 48. doi: 10.1016/j.eatbeh.2022.101698.
20. Staller, K., **Abber, S. R.**, & Burton-Murray, H. (2023). The eating disorder–gastrointestinal intersection: a narrative review and practical guide. *The Lancet Gastroenterology & Hepatology*, 8, 565-578. doi: 10.1016/S2468-1253(22)00351-X.
21. Manasse, S. M., Lampe, E. W., Gillikin, L. M., Trainor, C., **Abber, S. R.**, Fitzpatrick, B., Sanchez, H., & Juarascio, A. S. (2022). An examination of daily sleep characteristics and subsequent eating disorder behavior among individuals with binge-spectrum eating disorders. *Eating and Weight Disorders*. doi: 10.1007/s40519-022-01445-z.
22. **Abber, S. R.**, Forman, E. M., Wierenga, C. E., & Manasse, S. M. (2022). Intact general and food-specific task-switching abilities in bulimia-spectrum eating disorders. *Eating Behaviors*, 46. doi: 10.1016/j.eatbeh.2022.101636.
23. Crochiere, R. J., **Abber, S. R.**, Taylor, L., Sala, M., Schumacher, L., Goldstein, S., & Forman, E. M. (2021). Momentary predictors of dietary lapse from a mobile health weight loss intervention. *Journal of Behavioral Medicine*, 45, 324-330. doi: 10.1007/s10865-021-00264-4.
24. Srivastava, P., Felonis, C. R., Wons, O. B., Clancy, O. M., **Abber, S. R.**, & Juarascio, A. S. (2021). Real-time predictors of body dissatisfaction in females with binge eating: An ecological momentary assessment study. *Eating and Weight Disorders*, 27, 1547-1553. doi: 10.1007/s40519-021-01296-0.
25. Berry, M.P., Sala, M., **Abber, S. R.**, & Forman, E. M. (2021). Incorporating automated digital interventions into coach-delivered weight loss treatment: A meta-analysis. *Health Psychology*, 40, 534-545. doi: 10.1037/hea0001106.
26. Manasse, S. M., Lampe, E. W., **Abber, S. R.**, Butler, R., Gillikin, L. M., & Trainor, C. M. (2021). Exposure-enhanced cognitive behavioral therapy for adolescents with binge eating: An initial case series. *Clinical Child Psychology and Psychiatry*, 26, 1124-1136. doi: 10.1177/13591045211028963.
27. Lampe, E. W., **Abber, S. R.**, Forman, E. M., & Manasse, S. M. (2020). A systematic review of the gray literature: Guidelines for caregivers and healthcare professionals on speaking to children about overweight and obesity. *Translational Behavioral Medicine*, 10, 1144-1154. doi: 10.1093/tbm/ibaa012.

INVITED COMMENTARIES AND EDITORIALS

1. **Abber, S. R.** & Burton-Murray, H. (2023). Does gluten avoidance in patients with Celiac Disease increase the risk of developing eating disorders? *Digestive Diseases and Sciences*, 68, 2790-2792. doi: 10.1007/s10620-023-07915-3.

INVITED CHAPTERS

1. **Abber, S. R.**, Ali, S. I., & Keel, P. K. (2023). Assessment of bulimia nervosa. In Meule, A. (Ed.), *Assessment of Eating Behavior*. doi: 10.1027/00616-000.
2. Ali, S. I., **Abber, S. R.**, & Keel, P. K. (2023). Purging disorder. In Patel, V. & Preedy, V. R. (Ed.), *Eating Disorders*. Springer Nature Press. doi: 10.1007/978-3-030-67929-3_69-1.

MANUSCRIPTS UNDER REVIEW

°denotes co-senior authors

*denotes undergraduate or postbac mentee

1. **Abber, S. R.**, Billman Miller, M. G., Hamilton, A., Ortiz, S. N., Jacobucci, R. C., Essayli, J. H., Joiner, T. E., Smith, A. R., & Forrest, L. N. (revise and resubmit). Bulimia nervosa severity levels based on shape/weight overvaluation explain more variance in clinical characteristics than *DSM-5* severity levels.
2. Jeon, M. E., **Abber, S. R.**, Broshek, C. E., Udupa, N. S., Rienecke, R. E., Duffy, A., Le Grange, D., Mehler, P. S., Joiner, T. E., & Blalock, D. V. (revise and resubmit). Psychometric evaluation and refinement of the Eating Disorders Examination-Questionnaire in a clinical eating disorder sample.
3. Patel, T. A., **Abber, S. R.**, & Cogle, J. (revise and resubmit). An examination of eating disorders among individuals with social anxiety disorder: Findings from a national sample.
4. **Abber, S. R.**, Velimirović, M., Sigel, A. N., Duffy, A., Manwaring, J., Rienecke, R., Le Grange, D., Blalock, D. V., Mehler, P. S., Riddle, M., & Joiner, T. E. (under review). Heterogeneous presentations at admission but similar treatment response across latent profiles of ARIFD prototypes.

SYMPOSIA CHAIRED

1. Richson, B. R., **Abber, S. R.** (co-chairs), Schaefer, L. M., Goldschmidt, A., Wonderlich, J., & McPherson, I. (accepted for presentation May 2025). Prioritizing longitudinal perspectives on neuropsychological functioning across eating disorders. SIG panel at the International Conference on Eating Disorders. San Antonio, TX.
2. **Abber, S. R.**, Byrne, M. E. (co-chairs), Timko, C. A., Hagan, K. E., Karam Jones, A., & Chase, A. (June 2023). Translating and disseminating neuropsychology research to laypersons and caregivers of individuals with eating disorders. SIG panel at the International Conference on Eating Disorders. Washington, DC.

PAPER PRESENTATIONS (n=17, n=13 first-author)

*denotes undergraduate or postbac mentee

°denotes co-senior authors

1. **Abber, S. R.**, Becker, K. R., Dalton, A., Van De Water, A. L., Breithaupt, L., Plessow, F., Palmer, L. P., Mancuso, C. J., Izquierdo, A., Wons, O., Kuhnle, M., Gydus, J., Slattery, M., Hauser, K., Asanza, E., Micali, N., Misra, M., Lawson, E. A., Thomas J. J.°, Holsen, L.°, & Eddy, K. T.°. (September 2024). Neural functioning in prefrontal, visual processing, and integrative regions, but not reward regions, differentiates anorexia nervosa from low-weight avoidant/restrictive food intake disorder. Paper presentation at the XXXth Eating Disorders Research Society Meeting. Sitges, Spain.
2. **Abber, S. R.**, Brown, C. S., Joiner, T. E., Kaye, W. H., Wierenga, C. E. °, & Forrest, L. N. ° (March 2024). Empirically determining binge/purge frequency thresholds for differentiating anorexia nervosa – restricting subtype vs. binge-purge subtype. Paper presentation at the 2024 International Conference on Eating Disorders. New York, NY.
3. **Abber, S. R.**, Becker, K. R., Stern, C. M., Breithaupt, L., Kambanis, P. E., Eddy, K. T., Burton-Murray, H.°, & Thomas, J. J.° (September 2023). Overlapping ARIFD and weight/shape motivations for dietary restriction in a transdiagnostic sample of feeding and eating disorders: A latent profile analysis. Paper presentation at the XXIXth Annual Meeting of the Eating Disorders Research Society. Boston, MA.

4. **Abber, S. R.** & Keel, P. K. (June 2023). Atypical anorexia nervosa vs. subthreshold bulimia nervosa: How to diagnose OSFED characterized by subthreshold binge/purge frequency and weight suppression. Paper presentation at the 2023 International Conference on Eating Disorders. Washington, DC.
5. Lampe, E. W., Presseller, E. K., **Abber, S. R.**, Juarascio, A. S., & Manasse, S. M. (June 2023). Momentary phenotypes of exercise episodes are associated with maladaptive and adaptive exercise characteristics. Paper presentation at the 2023 International Conference on Eating Disorders. Washington, DC.
6. **Abber, S. R.**, Wick, M. R., Fitzgerald, E. & Keel, P. K. (September 2022). Validity and utility of the DSM-5 other specified feeding or eating disorder category: Meta-analysis and implications for DSM-6. Paper presentation at the XXVIIIth Annual Meeting of the Eating Disorders Research Society. Philadelphia, PA.
7. Manasse, S. M., Lampe, E. W., **Abber, S. R.**, Fitzpatrick, B. L., Srivastava, P., & Juarascio, A. S. (September 2022). What types of dietary restraint matter most? Differentiating types of restraint and their momentary relations with binge eating. Paper presentation at the XXVIIIth Annual Meeting of the Eating Disorders Research Society. Philadelphia, PA.
8. **Abber, S. R.** & Keel, P. K. (June 2022). Characterizing empirically-derived bulimic-spectrum eating disorder subtypes. Paper presentation (virtual) at the International Conference on Eating Disorders. Monterrey, Mexico.
9. Manasse, S. M., Lampe, E. W., Gillikan, L. M., Trainor, C. M., **Abber, S. R.**, Fitzpatrick, B., Sanchez, H., & Juarascio, A. S. (June 2022). An examination of daily sleep characteristics and subsequent eating disorder behavior among individuals with binge-spectrum eating disorders. Paper presentation (virtual) at the International Conference on Eating Disorders. Monterrey, Mexico.
10. **Abber, S. R.**, Edwards, R. R., Napadow, V., Konkell, H., Juarascio, A. S., Kuo, B.°, & Burton-Murray, H.° (May 2022). Brief cognitive-behavioral treatment for gastroparesis: A proof-of-concept open trial. Paper presentation at Digestive Disease Week. San Diego, CA.
11. **Abber, S. R.**, Hill, N. G.*, & Keel, P. K. (April 2022). Reward valuation distinguishes bulimia nervosa from binge/purge anorexia nervosa and controls. Oral presentation at Graduate Research Day, Florida State University, Tallahassee, FL.
12. **Abber, S. R.**, Starkey, A., Halfhide, C., Appelbaum, J., Williams, D. L., & Keel, P. K. (September 2021). Examining reward valuation differences in anorexia nervosa binge-purge subtype and bulimia nervosa. Paper presentation (virtual) at the XXVIIth Annual Meeting of the Eating Disorders Research Society. Boston, MA.
13. Manasse, S. M., Russon, J. M., Levy, S. A., **Abber, S. R.**, King, A. A., Lampe, E. W., Trainor, C. M., & Diamond, G. (June 2021). An initial case series examination of attachment-based family therapy for adolescent bulimia spectrum eating disorders. Paper presentation (virtual) at the International Conference on Eating Disorders.
14. **Abber, S. R.** & Wanic, R. A. (August 2019). College student familiarity with eating disorder diagnoses, symptomatology, and severity. Paper presentation at the 2nd Annual Summer Research Colloquium, University of San Diego. San Diego, CA.
15. **Abber, S. R.** & Wanic, R. A. (May 2019). Stigma and eating disorders: How perceptions are impacted by diet and diagnosis. Paper presentation at the 26th Annual Psychology Research Fair, California State University, San Marcos. San Marcos, CA.
16. **Abber, S. R.** & Wanic, R. A. (April 2019). Stigma and eating disorders: How perceptions are impacted by diet and diagnosis. Paper presentation at the Psychology Undergraduate Research Conference, University of California, San Diego. La Jolla, CA.
17. **Abber, S. R.** & DeConinck, K. Y. (April 2019). Women, agency, and resistance: From the Salem Witch Trials to the #MeToo movement. Paper presentation at the 29th Annual Creative Collaborations Undergraduate Research Conference, University of San Diego. San Diego, CA.

POSTER PRESENTATIONS (n=27, n=13 first-author)

*denotes undergraduate or postbac mentee

°denotes co-senior authors

1. Bolender, A., Lin, K., Ayoub, L. J., Karlson, R., **Abber, S. R.**, Edwards, R., Napadow, V., Burton-Murray, H., Kuo, B., & Sclocco, R. (submitted for presentation May 2025). Brain correlates of symptom catastrophizing in adults with idiopathic gastroparesis before and after a cognitive behavioral intervention. Presentation at the 2025 Digestive Disease Week. San Diego, CA.
2. Karlson, R., **Abber, S. R.**, Bolender, A., Edwards, R., Sclocco, R., Napadow, V., Kuo, B., & Burton-Murray, H. (submitted for presentation May 2025). Improvement in pain coping after a cognitive-behavioral treatment for adults with gastroparesis. Presentation at the 2025 Digestive Disease Week. San Diego, CA.
3. **Abber, S. R.**, Presseller, E. K., Richson, B. N., Joiner, T. E., & Wierenga, C. E. (accepted for presentation November 2024). Latent trajectories of change in dietary restriction during treatment in avoidant/restrictive food intake disorder and anorexia nervosa. Poster presentation at the Association for Behavioral and Cognitive Therapies Special Interest Group Poster Expo. Philadelphia, PA.
4. Rubino, L., Lampe, E. W., **Abber, S. R.**, Manasse, S. M. (accepted for presentation November 2024). Gastrointestinal Symptoms in Adolescents with and without Binge Eating. Poster presentation at the ABCT 58th Annual Convention. Philadelphia, PA.
5. Becker, K.R., **Abber, S.R.**, Van De Water, A.L., Breithaupt, L., Plessow, F., Palmer, L.P., Mancuso, C.J., Izquierdo, A., Wons, O., Kuhnle, M., Gydu, J., Slattery, M., Hauser, K., Asanza, E., Micali, N., Misra, M., Lawson, E.A., Thomas J.J.°, Holsen, L.°, & Eddy, K.T.°. (September 2024). Dorsolateral prefrontal cortex activation to food cues differentiates anorexia nervosa from low-weight avoidant/restrictive food intake disorder. Poster presentation at the XXXth Eating Disorders Research Society Meeting. Sitges, Spain.
6. **Abber, S. R.**, Randunne, A., Staller, K., Burton-Murray, H., Joiner, T. E., & Kuo, B. (May 2024). Psychological symptoms differentially predict symptoms between attacks and attack frequency in cyclic vomiting syndrome. Poster presentation at the 2024 Digestive Disease Week. Washington, DC.
7. **Abber, S. R.**, Becker, K. R., Stern, C. M., Breithaupt, L., Kambanis, P.E., Eddy, K.T., Burton-Murray, H.°, & Thomas, J. J.° (October 2023). Overlapping ARFID and weight/shape motivations for dietary restriction in a transdiagnostic sample of feeding and eating disorders: A latent profile analysis. Poster presentation at the Annual UC San Diego Health Eating Disorders Conference. San Diego, CA.
8. **Abber, S. R.**, Buchanan, K. L., Staller, K.°, & Burton-Murray, H.° (accepted for presentation November 2023). Characterizing empirically-derived psychological profiles of patients with chronic constipation. Presentation at the 57th Annual Meeting of the Association for Behavioral and Cognitive Therapies. Seattle, WA.
9. Chwyl, C. M., LaFata, E. M., **Abber, S. R.**, Juarascio, A. S., & Forman, E. M. (April 2023). Testing reward processing models of obesity using in-the-moment assessments of subjective enjoyment of food and non-food activities. Presentation at the 44th Annual Meeting of the Society of Behavioral Medicine. Phoenix, AZ.
10. Budzyn, G. T.*, **Abber, S. R.**, Ali, S. I., Keel, P. K. (October 2022). Are distinct personality profiles associated with eating pathology? A latent profile analysis. Poster presentation at the Academy for Eating Disorders Hispano Latino American Congress. Monterrey, Mexico.
11. Luxama, W.*, Ali, S. I., **Abber, S. R.**, & Keel, P. K. (October 2022). Examining familial heart disease as a risk factor for eating pathology. Poster presentation at the Academy for Eating Disorders Hispano Latino American Congress. Monterrey, Mexico.
12. Murray, S. M., **Abber, S. R.** & Wierenga, C. E. (September 2022). Changes in the balance of reward and punishment sensitivity predict outcome in anorexia nervosa. Poster presentation at the XXVIIIth Annual Meeting of the Eating Disorders Research Society. Philadelphia, PA.
13. Presseller, E. K., **Abber, S. R.**, Lampe, E. W., & Juarascio, A. S. (September 2022). Latent trajectories of change in dietary restraint during CBT-E for bulimia-spectrum eating disorders differentially predict post-treatment remission. Poster presentation at the XXVIIIth Annual Meeting of the Eating Disorders Research Society. Philadelphia, PA.

14. **Abber, S. R.**, Samad, A., Gardner, E. G., Thomas, J. J., Staller, K.°, & Burton-Murray, H.° (November 2022). Avoidant/restrictive food intake disorder and other eating disorder symptoms in patients with chronic constipation. Poster presentation at the 56th Annual Meeting of the Association for Behavioral and Cognitive Therapies. New York, NY.
15. Hill, N. G.*, **Abber, S. R.**, & Keel, P. K. (June 2022). The role of sexual assault history in bulimic-spectrum symptoms. Poster presentation (virtual) at the International Conference on Eating Disorders. Monterrey, Mexico.
16. **Abber, S. R.**, Forman, E. M., Wierenga, C. E., & Manasse, S. M. (September 2021). Shifting to task-switching: Re-evaluating cognitive flexibility in bulimia nervosa. Poster presentation (virtual) at the XXVIIth Annual Meeting of the Eating Disorders Research Society. Boston, MA.
17. Trainor, C. M., Russon, J. M., Levy, S. A., **Abber, S. R.**, King, A. A., Lampe, E. W., Diamond, G., & Manasse, S. M. (September 2021). An examination of mechanisms of change in attachment-based family therapy for adolescent binge-spectrum eating disorders: Findings from an initial case series. Poster presentation (virtual) at the XXVIIth Annual Meeting of the Eating Disorders Research Society. Boston, MA.
18. Russon, J. M., Manasse, S. M., King, A. A., **Abber, S. R.**, Lampe, E. W., Trainor, C. M., Levy, S. A., & Diamond, G. (August 2021). Attachment-based family therapy for adolescents with bulimia-spectrum eating disorders: A case series examination. Poster presentation (virtual) at the 1st Annual American Association for Marriage and Family Therapy Intervention Research in Systemic Family Therapy Conference.
19. Smith, S. R.*, **Abber, S. R.**, Manasse, S. M., & Juarascio, A. S. (November 2021). The relationship between weight suppression and impulsivity in individuals with bulimia nervosa. Poster presentation at the 55th Annual Meeting of the Association for Behavioral and Cognitive Therapies. New Orleans, LA.
20. **Abber, S. R.**, Smith, S. R.*, Manasse, S. M., & Forman, E. M. (November 2021). Gastric interoception predicts weight loss in a behavioral weight loss program. Poster presentation (virtual) at the 55th Annual Meeting of the Association for Behavioral and Cognitive Therapies. New Orleans, LA.
21. **Abber, S. R.**, Murray, S. M., Liss, I., & Stokes, J. A. (June 2021). The relationship between therapeutic alliance and sentiment towards telehealth among clients seeking treatment for weight and eating concerns. Poster presentation (virtual) at the International Conference on Eating Disorders.
22. **Abber, S. R.**, Lampe, E. W., & Manasse, S. M. (November 2020). Developing and validating a paradigm to measure fear of weight gain. Poster presentation (virtual) at the 54th Annual Meeting of the Association for Behavioral and Cognitive Therapies.
23. **Abber, S. R.**, Forman, E. M., Wierenga, C. E., & Manasse, S. M. (October 2020). Developing and validating a paradigm to measure food-specific cognitive flexibility. Poster presentation (virtual) at the XXVIth Annual Meeting of the Eating Disorders Research Society.
24. Forman, E. M. & **Abber, S. R.** (October 2020). Gender differences in the effect of gamification on weight loss during a daily, neurocognitive training program. Poster presentation (virtual) at the XXVIth Annual Meeting of the Eating Disorders Research Society.
25. **Abber, S. R.** & Wanic, R. A. (June 2020). Stigma and eating disorders: How perceptions are impacted by diet and diagnosis. Poster presentation (virtual) at the International Conference on Eating Disorders.
26. **Abber, S. R.**, Lampe, E. W., Manasse, S. M., & Forman, E. M. (April 2020). Taking a closer look: Reviewing the validity and utility of subtyping across dietary and dietary-affective dimensions in binge eating. Poster presentation (virtual) at Drexel Emerging Graduate Scholars Conference.
27. Lampe, E. W., **Abber, S. R.**, Forman, E. M., & Manasse, S. M. (November 2019). Promoting physical activity for bulimia nervosa: Recipe for recovery or relapse? Poster presentation at the 53rd Annual Meeting of the Association for Behavioral and Cognitive Therapies. Atlanta, GA.

28. **Abber, S. R. & Wanic, R. A.** (May 2019). Stigma and eating disorders: How perceptions are impacted by diet and diagnosis. Poster presentation at the 26th Annual Psychology Research Fair, California State University, San Marcos, San Marcos, CA.
29. **Abber, S. R. & Wanic, R. A.** (April 2019). Stigma and eating disorders: How perceptions are impacted by diet and diagnosis. Poster presentation at the University of San Diego 29th Annual Creative Collaborations Undergraduate Research Conference, San Diego, CA.

OTHER PUBLICATIONS

1. **Abber, S. R. & DeConinck, K. Y.** (2019). From accusation to execution: A case study. Published in DigitalUSD open access archive.

INVITED TALKS AND PROFESSIONAL PRESENTATIONS

1. **Abber, S. R.** (August 2023). Psychological and quality of life considerations in the dietary management of functional gastrointestinal and motility disorders. Invited talk at the 2023 American Society of Neurogastroenterology and Motility Annual Scientific Meeting. Austin, TX.
2. **Abber, S. R.** (October 2022). Approaching dietary intervention and disordered eating in GI. Invited talk (virtual) at 23rd Annual Course in Neurogastroenterology and Motility. Harvard Medical School, Boston, MA.
3. **Abber, S. R.** (June 2021). Treating co-morbid eating disorder and rumination syndrome symptoms: A case presentation. Invited talk (virtual) at the Rome Foundation Psychogastroenterology Early Career Group meeting.
4. **Abber, S. R.** (August 2019). Hippos-Sussita Excavation Project. Invited talk at the USD Anthropology Club Summer Fieldwork Presentation Series. University of San Diego, San Diego, CA.
5. **Abber, S. R. & DeConinck, K. Y.** (May 2019). Women, agency, and resistance: From the Salem Witch Trials to the #MeToo movement. Invited talk at the Keck Fellows Symposium. University of San Diego, San Diego, CA.
6. **Abber, S. R. & Wanic, R. A.** (April 2019). Stigma and eating disorders: How perceptions are impacted by diet and diagnosis. Invited talk at the Michael Harris Psychology Research Colloquium. University of San Diego, San Diego, CA.
7. **Abber, S. R. & Wanic, R. A.** (November 2018). Exploring eating disorder stigma: The effect of weight and symptomatology on perception. Invited talk at the University of San Diego Psychology Journal Club, San Diego, CA.

CLINICAL EXPERIENCE

2024-Present	<p>Eating Disorders Center for Treatment and Research, University of California, San Diego Health</p> <p><i>Assessor / Supervisor: Christina Wierenga, Ph.D.</i></p> <p>Conduct assessments with research participants (R01MH125880, R01MH135070) using the Structured Clinical Interview for DSM-5 (SCID-5), Eating Disorders Examination (EDE), Yale-Brown Obsessive-Compulsive Scale (Y-BOCS), and the Wechsler Abbreviated Scale of Intelligence (WASI). Receive supervision on assessment. Provide peer supervision and training on assessments.</p>
2024-Present	<p>Center for Healthy Eating and Activity Research (CHEAR), University of California, San Diego Health</p> <p><i>Behavioral Interventionist / Supervisors: Kristie Reed, Ph.D. & Dawn Eichen, Ph.D.</i></p> <p>Provide Family-Based Treatment, Regulation of Cues (ROC), ROC plus nutrition education and caloric restriction, and a health education comparator treatment to families of children with overweight/obesity (R01DK135599) in-person. Provide Parent-Based Treatment for overweight/obesity via telehealth to parents of children with autism spectrum disorder and overweight/obesity (R01HD106991) via telehealth. Conduct assessments using the EDE. Receive supervision on family-based therapy, parent-based therapy, and assessment.</p>
2023-Present	<p>REPEAT Lab, Virginia Commonwealth University</p>

Updated February 2025

Clinical Interventionist | Supervisors: Ann Haynos, Ph.D. & Carol Peterson, Ph.D.

Provide individual cognitive behavioral therapy (CBT) and Positive Affect Treatment (PAT) for post-acute anorexia nervosa (R34MH129464) via telehealth. Receive supervision on individual therapy.

2022-Present

Gastrointestinal Behavioral Health Program, Massachusetts General Hospital

Study Therapist | Supervisor: Helen Burton-Murray, Ph.D.

Provide individual CBT for individuals with comorbid functional dyspepsia and avoidant/restrictive food intake disorder (K23DK131334) and for individuals with gastroparesis (U01DK112193) via telehealth. Receive supervision on individual therapy.

2022-2024

Florida State University Psychology Clinic

Practicum Student | Supervisors: Christina Riccardi, Ph.D., Therese Skubic Kemper, Ph.D., Jessica Ribeiro, Ph.D., & Thomas Joiner, Ph.D.

Provided individual CBT, behavioral activation, cognitive processing therapy (CPT), and dialectical behavior therapy (DBT) for individuals with a range of mental health concerns, including mood disorders, anxiety disorders, trauma- and stressor-related disorders, and eating disorders in-person and via telehealth. Provided assessment for attention-deficit/hyperactivity disorder and learning disabilities. Co-led weekly DBT skills training group and weekly CPT group. Received supervision on individual and group therapy.

2022-2023

Eating Behaviors Research Clinic, Florida State University

Assessor | Supervisor: Pamela Keel, Ph.D.

Conducted clinical diagnostic interviews for individuals with bulimic-spectrum eating disorders and healthy controls (R01MH111263) using the SCID-5 and EDE 17.0D. Received supervision on assessment.

2020-2022

WELL Center, Drexel University

Group Co-Leader, Study Therapist, Assessor | Supervisors: Evan Forman, Ph.D., Meghan Butryn, Ph.D., Adrienne Juarascio, Ph.D., & Stephanie Manasse, Ph.D.

Co-led group treatments for lifestyle modification (R01DK119658) and for transdiagnostic binge eating (R01MH122392 S1). Provided individual CBT-E for clients with bulimia nervosa and binge eating disorder (R34MH118353). Conducted phone screens and clinical interviews (using the EDE 17.0D for NCT04779801 and NCT05041660 and the Weight and Lifestyle Inventory for R01DK119658) for ongoing research studies. Received supervision on individual and group therapy and assessment.

CLINICAL TRAINING

2021

Eating Disorders and Anxiety: What do we Know and how do we Treat it?

UCSD Eating Disorders Center, San Diego, CA (virtual due to COVID-19)

One-day training

Instructors: Stephanie Knatz-Peck, Ph.D., Christina Wierenga, Ph.D., & Walter Kaye, M.D.

2021

The Brain-Gut Connection: Evidence-Based Psychological Strategies for Treatment of Gastrointestinal Symptoms in Children, Adolescents, and Young Adults

Boston Children's Hospital, Boston, MA (virtual due to COVID-19)

Two-day training

Instructors: Julie Snyder, Psy.D., Amy Hale, Ph.D., Julia Carmody, Ph.D., & Ryan Davidson, Ph.D.

2020

Acceptance-Based Behavioral Therapy (ABBT) for Lifestyle Modification

WELL Center, Philadelphia, PA

Two-day training

Instructors: Evan Forman, Ph.D. & Stephanie Manasse, Ph.D.

2019

Cognitive Behavioral Therapy (CBT) for Bulimia Nervosa and Binge Eating Disorder

WELL Center, Philadelphia, PA

One-day training

Instructors: Adrienne Juarascio, Ph.D. & Stephanie Manasse, Ph.D.

TEACHING EXPERIENCE

Fall 2023, **PSYC 3213C: Research Methods Laboratory**, Florida State University
 Spring 2024 Teaching Assistant | Lecture Course Instructor: Ed Hansen, Ph.D.

REVIEWING EXPERIENCE

Ad Hoc Manuscript Reviewer

Social Psychiatry & Psychiatric Epidemiology; Clinical Child Psychology & Psychiatry; Digestive Diseases and Sciences; Cognitive and Behavioral Practice; European Eating Disorders Review; Journal of Eating Disorders; International Journal of Eating Disorders; Physiology & Behavior; Eating Behaviors; Clinical Gastroenterology & Hepatology; Journal of Psychosomatic Research; Eating Disorders: Journal of Treatment & Prevention; Psychological Assessment; Journal of Child Psychology and Psychiatry; Journal of Clinical Gastroenterology; Journal of Human Nutrition and Dietetics; Clinical and Translational Gastroenterology

Abstract Reviewer

Academy for Eating Disorders

Reviewer, International Conference on Eating Disorders (2025 Conference)

Grant/Award Reviewer

Association for Behavioral and Cognitive Therapies

Reviewer, Graduate Student Research Grant (2024)

MENTORSHIP

2022-Present **Mentor**, Academy for Eating Disorders Early Career SIG Mentorship Program
 2022-Present **Mentor**, Psychin' Out Mentorship Program
 2022 **CV Reviewer**, PsychPhDEat Program
 2020-2021 **Undergraduate Independent Study Co-Supervisor**, WELL Center
 2020-2021 **M.S. in Psychology Program Mentor**, Drexel University
 2020-2021 **Professional Development Coordinator for Research Assistants**, WELL Center

LEADERSHIP & SERVICE

2024-Present **Research Committee Co-Chair**, Rome Foundation Psychogastroenterology Section, Early Career Committee
 2023-Present **Membership Committee Secretary**, Rome Foundation Psychogastroenterology Section
 2022-2025 **Neuropsychology Special Interest Group (SIG) Co-Chair**, Academy for Eating Disorders
 2019 **Hippos-Sussita Excavation Project Volunteer**, University of Haifa
 2019 **Knapp Chair Research Working Group Student Representative**, University of San Diego
 2017-2019 **Therapeutic Riding Center Volunteer**, Helen Woodward Animal Center

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies
Rome Foundation Psychogastroenterology Section
Academy for Eating Disorders
American Psychological Association
American Gastroenterological Association
American Neurogastroenterology and Motility Society
Psi Chi, the International Honor Society in Psychology
Lambda Alpha, the National Anthropology Honor Society