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Curriculum Vitae

Catherine Elizabeth Broshek

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EDUCATION

- 2023- **Doctoral Candidate**, Clinical Psychology
Florida State University, Tallahassee, FL
Advisor: Thomas Joiner, Ph.D.
GPA: 4.00/4.00
Dissertation: *The burden of stigma: Ecological momentary assessment of weight stigma, disordered eating, and suicidality*
- 2020- 2023 **Master of Science**, Clinical Psychology
Florida State University, Tallahassee, FL
Advisor: Jessica Ribeiro, Ph.D.
GPA: 4.00/4.00
Thesis: *Is Capability for Suicide a Necessary Cause of Suicidal Behavior? A Test in Three Samples*
- 2014- 2018 **Bachelor of Arts**, Psychology; *Minors in Philosophy and Theology*
The Catholic University of America, Washington, DC
Advisor: David Jobes, Ph.D.
GPA: 3.98/4.00, Summa cum Laude
Thesis: *Suicide Status Form Word Count Assessment and Past Suicidal Behaviors in an Active-Duty Army Sample*

RESEARCH EXPERIENCE

- 2023- **Graduate Research Assistant**, Laboratory for the Study and Prevention of Suicide-Related Conditions and Behaviors
Florida State University, Dept. of Psychology, Tallahassee, FL
Supervisor: Thomas Joiner, Ph.D.
- 2020- 2023 **Graduate Research Assistant**, Laboratory for the Advancement of Suicide Research
Florida State University, Dept. of Psychology, Tallahassee, FL
Supervisor: Jessica Ribeiro, Ph.D.
- 2018- 2020 **Research Assistant**, Center for the Study of Traumatic Stress
Uniformed Services University, Dept. of Psychiatry, Bethesda, MD
Supervisor: Carol Fullerton, Ph.D.
- 2015- 2018 **Research Assistant**, Suicide Prevention Laboratory
The Catholic University of America, Dept. of Psychology, Washington, DC
Supervisor: David Jobes, Ph.D.

- 2017- 2017 **Research Intern**, Rape, Abuse, and Incest National Network (RAINN)
Washington, DC
Supervisor: Kimberly Goodman, Ph.D.
- 2015- 2017 **Research Assistant and Study Coordinator**, Mindful Living Lab
The Catholic University of America, Dept. of Psychology, Washington, DC
Supervisor: Claire Spears, Ph.D.

MANUSCRIPTS

1. Udupa, N.S., Arreguin, D.H., Mitaj, D., Robertson, L. Jeon, M.E., Robison, M., **Broshek, C.E.**, Joiner, T.E., & Rogers, M.L. (2025). Overt heterosexist discrimination and homonegative microaggressions in LGB+ adults: Interpersonal pathways to suicidal ideation. *Psychology of Sexual Orientation and Gender Diversity*.
2. **Broshek, C. E.**, Kurtz, A. J., Udupa, N. S., Chang, C. J., Rogers, M. L., Feinstein, B. A., ... & Jeon, M. E. (2024). Psychometric Evaluation of the Heterosexist Harassment, Rejection, and Discrimination Scale: Identification of a Unidimensional 11-Item Scale. *Assessment*, 10731911241293222.
3. Harris, L. M., Rogers, M. L., **Broshek, C. E.**, Campione, M. T., Park, E. C., Robison, M., Schafer, K.M., & Joiner, T. E. (2024). Enhancing Motivation to Reduce Restrictive Eating: A Novel Approach. *International Journal of Eating Disorders*.
4. Harris, L. M., **Broshek, C. E.**, & Ribeiro, J.D. (2022). Does Body Mass Index Confer Risk for Future Suicidal Thoughts and Behaviors? A Meta-analysis of Longitudinal Studies. *Current Obesity Reports*, 1-10.
5. Ribeiro, J. D., Linthicum, K. P., Harris, L. M., Bryen, C. P., & **Broshek, C. E.** (2021). Raising doubt about the anticipated consequences of suicidal behavior: Evidence for a new approach from laboratory and real-world experiments. *Behaviour research and therapy*, 147, 103971.
6. Wang, J., Ursano, R.J., Gifford, R.K., Dinh, H., Farooq, S., **Broshek, C.E.**, Cohen, G.H., Sampson, L., Galea, S., Fullerton, C.S. (2020). Mental health and suicidality in separating U.S. Reserve and National Guard personnel. *Psychiatry*, 1-10.
7. Campbell-Sills, L., Flynn, P.J., Choi, K.W., Ng, T.H.H., Aliaga, P.A., **Broshek, C.E.**, Jain, S., Kessler, R.C., Stein, M.B., Ursano, R.J., Bliese, P.D. (2020). Unit cohesion during deployment and post-deployment mental health: Is cohesion an individual- or unit-level buffer for combat-exposed soldiers? *Psychological Medicine*, 1-11.

MANUSCRIPTS UNDER REVIEW

1. Harris, L.M., **Broshek, C.E.**, Sigel, A.N., Ribeiro, J.D., Joiner, T.E. (under review). Predicting eating pathology onset, maintenance, recovery, and relapse: A comprehensive meta-analysis of 690 longitudinal studies.

2. Jeon, M.E., Abber, S.R., **Broshek, C.E.**, Udupa, N.S., Rienecke, R.D., Duffy, A., Le Grange, D., Melher, P.S., Joiner, T.E., Blalock, D.V. (under review). Psychometric evaluation and refinement of the Eating Disorders Examination- Questionnaire in a clinical eating disorder sample.

MANUSCRIPTS IN PREPARATION

1. **Broshek, C.E.**, Joiner, T.E. (in prep). A novel investigation of the capability for suicide construct in three unique samples.
2. Udupa, N.S. **Broshek, C.E.**, Robison, M., Velimirovic M., Mehler, P.S., Joiner, T.E. (in prep). The moderating role of fear of death in body distrust across treatment for patients with severe restricting eating disorders.
3. **Broshek, C.E.**, Harris, L.M., Joiner, T.E. (in prep). Examining diversity in eating disorder research: Trends in global sample reporting practices.
4. Rice, T.B., Robertson, L., **Broshek, C.E.**, Kurtz, A.J., Udupa, N.S., Eaton, N.R., Joiner T.E., & Jeon, M.E. (in prep). Modeling the Pathway Between Minority Stressors, Internalizing Distress, Substance Abuse, and Suicidal Thoughts and Behaviors in Sexual Minority Adults.

CONFERENCE PRESENTATIONS

1. Sigel, A.N., **Broshek, C.E.**, Chen, S., Harris, L.M, Park, E., Ribeiro, J.D. (2024, November). The effects of means restriction on virtual reality suicide. Poster accepted for presentation at the 58th annual Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
2. **Broshek, C.E.**, Sigel, A.N., Joiner, T.E., & Jeon, M.E. (2024, April). Heterosexist harassment and discrimination and perceived invalidation as predictors of suicidal ideation: An interaction analysis. Poster presented at the 20th Annual Florida State University Psychology Department Graduate Research Day, Tallahassee, FL.
3. **Broshek, C.E.**, Sigel, A.N., Joiner, T.E., & Jeon, M.E. (2024, April). Heterosexist Harassment and Discrimination and Perceived Invalidation as Predictors of Suicidal Ideation: An Interaction Analysis. Talk presented at the 2024 Suicide Research Symposium. Virtual.
4. Sigel, A.N., Udupa, N.S., **Broshek, C.E.**, Wetherall, K., Cleare, S., O'Connor, R.C., Joiner, T.E., & Jeon, M.E. (2024, April). Measurement Invariance of the Entrapment Scale Short-Form Across Minority Status and Suicide Attempt History. Talk presented at the 2024 Suicide Research Symposium. Virtual.
5. Tran, E., **Broshek, C.E.** (2024, March). Examining diversity in eating disorder research: Trends in reporting practices. Poster presented at the 2024 Florida State University Undergraduate Research Symposium, Tallahassee, FL.

6. **Broshek, C.E.**, Ribeiro, J.D. (2023, April). Is capability for suicide a necessary cause for suicidal behavior? Talk presented at the 19th Annual Florida State University Psychology Department Graduate Research Day, Tallahassee, FL.
7. Dempsey, C. L., Benedek, D. M., Zuromski, K. L., Nock, M. K., Ng, T.H., Riggs, C., **Broshek, C. E.**, & Ursano, R. (2019, August). Risk and resilience of lifetime stressful experiences among US Army soldiers at risk for suicide. Poster presented at the annual Military Health System Research Symposium, Kissimmee, FL.
8. Dempsey, C. L., Benedek, D. M., Zuromski, K. L., Nock, M. K., Ng, T.H., Riggs, C., **Broshek, C. E.**, Martinez, S., & Ursano, R. (2019, May). Risk and resilience of lifetime stressful experiences among US Army soldiers at risk for suicide. Poster presented at the 31st annual Association for Psychological Science Convention, Washington, D.C.
9. Dempsey, C. L., Benedek, D. M., Zuromski, K. L., Nock, M. K., Ng, T.H., Riggs, C., **Broshek, C. E.**, Martinez, S., & Ursano, R. (2019, April). Risk and resilience of lifetime stressful experiences among US Army soldiers at risk for suicide. Poster presented at the 14th annual Amygdala, Stress, and PTSD Conference, Washington, D.C.
10. Dempsey, C. L., Benedek, D. M., Zuromski, K. L., Nock, M. K., Riggs, C., Ng, T. H., Exley, S. L., **Broshek, C. E.**, & Ursano, R. (2018, November). Firearm accessibility and suicide: Results from the army study to assess risk and resilience in service members (Army STARRS). Poster session at the 34th annual meeting of the International Society for Traumatic Stress Studies.
11. **Broshek, C.**, Chalker, S. & Jobes, D. (2018, April). Word count descriptives from a suicide risk assessment among suicidal civilian and military samples. Poster presented at the annual conference of the American Association of Suicidology, Washington, DC.
12. Charles, J.L.K., Bell, M., Ring, T., **Broshek, C.**, & Soto, C. (2018, January). Disclosure to reduce the self-stigma of mental illness in college students: A small feasibility pilot of a manualized intervention - Honest, Open, Proud – College. Poster presented at the annual conference of the Society for Social Work Research, Washington, DC
13. **Broshek, C.** (2017, October). Fostering motivation in the writing center. Talk presented at the National Conference on Peer Tutoring in Writing, Hofstra University, Hempstead, NY.
14. Bond, A., Bell, M., **Broshek, C.**, Frieswick, L., Schembari, B., & Jobes, D. (2017, April). Analyzing one thing responses to the suicide status form across six countries. Poster presented at The Catholic University of America Research Day, Washington, DC.
15. Caulfield, N., Bell, M., Bond, A., **Broshek, C.**, Casey, T., El-Meouchy, P., Fioriti, C., Peterson, L., Rekstis, L., Wiles, M., & Jobes, D. (2016, April). An unknown war: The difference in suicidal ideation between active duty personnel and veterans. Poster presented at the annual conference of the American Association of Suicidology, Chicago, IL.
16. Heryak, R.E., Perskaudas, R., Casey, K.A., **Broshek, C.E.**, Schmitt, A., Arieta, M.L., Interrante,

M.K., & Spears, C.A. (2016, April). Associations between psychological distress and specific aspects of mindful eating among college students. Poster presented at The Catholic University of America Research Day, Washington, DC.

17. Schuler, K., El-Meouchy, P., Bell, M., Rekestis, L., Bond, A., **Broshek, C.**, Lenguadoro, K., Tomaine, C. & Jobes, D. (2016, April). Patient perspectives on successful management of suicide risk in military and civilian samples. Poster presented at the annual conference of the American Association of Suicidology, Chicago, IL.

18. Perskaudas, R., Anderson, N. K., Arieta, M. L., Interrante, M. K., **Broshek, C. E.**, Heryak, R. E., Houchins, S. C., Casey, K. A., Schmitt, A., & Spears, C. A. (2016, October). You, yourself, and others: Associations among self-compassion, psychological functioning, and implicit racial bias. Poster accepted for presentation at the 2016 annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

CLINICAL EXPERIENCE

- 2024- 2024 **CPT Group Leader**, FSU Psychology Clinic
Florida State University, Dept. of Psychology, Tallahassee, FL
Supervisor: Therese Kemper, PhD
- 2023- 2024 **Psychology Practicum Trainee**, Apalachee Center, CMHC
Tallahassee, FL
Supervisor: Mark Reeves, PhD
- 2023- 2024 **Psychoeducational Assessment Trainee**, FSU Student Athlete Academic Services
Florida State University, Athletics Dept., Tallahassee, FL
Supervisor: Kristen Schmidt, PhD
- 2022- 2023 **DBT Group Leader**, FSU Psychology Clinic
Florida State University, Dept. of Psychology, Tallahassee, FL
Supervisors: Jessica Ribeiro, PhD, Thomas Joiner, PhD
- 2021- 2023 **Psychological Trainee**, FSU Psychology Clinic
Florida State University, Dept. of Psychology, Tallahassee, FL
Supervisor: Thomas Joiner, PhD, Therese Kemper, PhD, Christina Riccardi, PhD

PROVISION OF CLINICAL SUPERVISION

- 2024- **Peer Supervisor**, Adolescent DBT Group
Florida State University, Dept. of Psychology, Tallahassee, FL
Supervisor: Therese Kemper, PhD
- 2024- **Peer Supervisor**, CPT Group
Florida State University, Dept. of Psychology, Tallahassee, FL
Supervisor: Therese Kemper, PhD

2024- **Peer Supervisor**, FSU Psychology Clinic
 Florida State University, Dept. of Psychology, Tallahassee, FL
 Supervisors: Christina Riccardi, PhD, Therese Kemper, PhD, & Michael Kofler, PhD

IN-SERVICE TRAINING

1. **Broshek, C.E.** (2024, April). Addressing Weight Stigma in Mental Health Care. Apalachee Center, Tallahassee, FL.

TEACHING EXPERIENCE

2024- **Teaching Assistant**, Personality and Diagnostic Assessment (Graduate Level)
 Florida State University, Dept. of Psychology, Tallahassee, FL
 Supervisor: Pamela Keel, PhD

2021- **Teaching Assistant**, Cognitive Psychology Lab (Undergraduate Level)
 Florida State University, Dept. of Psychology, Tallahassee, FL
 Supervisor: Tiffany Hardy-Williams, PhD

LEADERSHIP AND SERVICE EXPERIENCE

2023- **LGBTQ+ Representative**, Diversity in Psychology Organization of Graduate Students
 Florida State University, Dept. of Psychology, Tallahassee, FL

FUNDING

2024 **Graduate Research Development Award**
 Florida State University Department of Psychology
 Project: *The Burden of Stigma: Ecological Momentary Assessment of Weight Stigma, Disordered Eating, and Suicidality*
 Role: PI
 Award: \$700

HONORS AND ACHIEVEMENTS

2024 FSU Graduate Research Day; Clinical Area “Best Poster”
 2023 FSU Graduate Research Day “Best Talk” (Honorable Mention)
 2022 FSU Master’s in Four (Min4) Competition; 2nd Place
 2018 Phi Beta Kappa Society
 2018 Catholic University Distinguished Psychology Major Award
 2018 Pi Gamma Mu International Honor Society in Social Sciences
 2017 The Catholic University of America President’s Society
 2016 Psi Chi Psychology International Honor Society
 2015 Phi Eta Sigma Freshman Honors Society
 2014- 2018 Dean’s List with Distinction (all semesters)
 2014- 2018 University Honors Program