**SARA PROSTKO**

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**EDUCATION**

**Florida State University,** Tallahassee, FL August 2024 – Present

Doctoral Student, Clinical Psychology

**Lawrence University,** Appleton, WI June 2020

Bachelor of Arts & Bachelor of Music: Psychology & Flute Performance

Magna cum laude in course & Magna cum laude in independent study

* **GPA:** 3.83/4.00
* **Honors Thesis:** Testing the Interpersonal-Psychological Theory of Suicide in a Community Sample of Adolescents

**RESEARCH EXPERIENCE**

**Florida State University,** Tallahassee, FL

Graduate Research Assistant August 2024 - Present

Department of Psychology, Clinical Psychology

PI: Thomas Joiner

**Brigham and Women’s Hospital,** Boston, MA

Clinical Research Coordinator II March 2023 – August 2024

Research Assistant I August 2021 – March 2023

Department of Psychiatry, Addiction Medicine

PI: Joji Suzuki, MD

**Lawrence University,** Appleton, WI January 2020 – June 2020

Senior Capstone Member

Department of Psychology

PI: Lori Hilt

**Lawrence University**, Appleton, WI June 2018 – June 2020

Research Assistant

Department of Psychology, Child and Adolescent Research in Emotion Lab

PI: Lori Hilt, Ph.D.

**Lawrence University,** Appleton, WI June 2017 – August 2017

Research Assistant

Department of Biology

PI: Bart DeStasio, Ph.D.

**Lawrence University,** Appleton, WI September 2015 – June 2016

Research Assistant

Department of Psychology, Psychoacoustic Lab

PI: Terry Gottfried, Ph.D.

**MANUSCRIPTS IN PREPARATION**

**Prostko, S.,** Wu, A.C., Maddams, S., Szpak, V., Hilt, L.M., & Suzuki, J. (in preparation).

Evaluating the Interpersonal Theory of Suicide in individuals with substance use and psychiatric disorders.

**Prostko, S.** & Hilt, L. M. (in preparation). Testing the Interpersonal Theory of Suicide in a

community sample of adolescents

Robison, M., **Prostko, S.,** Cornish, K., James, V., & Joiner, T. E. (in preparation). Peer to peer

support in a suicidal crisis: Comparing traditional in-person training with virtual reality (VR) training among United States Air Force personnel

**MANUSCRIPTS UNDER REVIEW**

Vercollone, L.W., **Prostko, S.,** Maddams, S., Tom, J., Messinger, J., Szpak, V., Hathaway, D., &

Suzuki, J. (under review). Impact of medication for alcohol use disorder received during an inpatient admission for medically managed alcohol withdrawal on linkage to care.

**Prostko\*, S.,** Wu\*, A.C., Maddams, S., Szpak, V., Rosenblum, N., & Suzuki, J. (under review).

Perceived risks of psychedelics in individuals with substance use and psychiatric disorders.

Rice, Le, Campione, **Prostko**, Joiner, & Twenge (under review). The class divide in poor mental

health among U.S. adults, 1993-2022: Trends over time and birth cohorts.

Hathaway, D., Sato, T., Hathaway, D., Wurcel, A., Szpak, V., **Prostko, S.,** & Suzuki, J. (in

preparation) Low-dose buprenorphine induction among hospitalized individuals with opioid use disorder: A retrospective cohort study.

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\* Denotes co-first authors

**PEER-REVIEWED JOURNAL ARTICLES**

Szpak, V., **Prostko, S.,** Weiss, R. D., Suzuki, J. (2024) Developing a remotely delivered

intensive outpatient program adapted for hospitalized patients with opioid use disorder: A qualitative study. *Addictive Behaviors Reports*, *19,* 100546. <https://www.sciencedirect.com/science/article/pii/S2352853224000233?via%3Dihub>

Zambrano, S., Para, M.; Suzuki, J., Pearson, J. C., Schrager, H.; Mallada, J., Dionne, B., Szpak,

V., Fairbank-Haynes, K., Kalter, M., **Prostko, S., &** Solomon, D. A.(2023) Real-world dalbavancin use for serious gram-positive bacterial infections: Comparing outcomes between people who use and do not use drugs. *Open Forum Infectious Diseases,* (Vol. 10, No. Supplement\_2, pp. ofad500-025). US: Oxford University Press

Suzuki, J., Loguidice, F., **Prostko, S**., Szpak, V., Sharma, S., Vercollone, L., Garner, C., &

Ahern, D.K. (2022) A digitally assisted peer recovery coach to facilitate linkage to outpatient treatment following inpatient alcohol withdrawal treatment: A proof-of-concept pilot study. *Journal of Addiction Medicine, 14*, 505.

Suzuki, J., **Prostko, S**., Szpak, V., Chai, P., Spagnolo, P.A., Tenenbaum, R.E., Ahmed, S., &

Weiss, R.D. (2022) Impact of cannabidiol on reward- and stress-related neurocognitive processes among individuals with opioid use disorder: A pilot, double-blind, placebo-controlled, randomized cross-over trial. *Frontiers in Psychiatry* 14, 1155984. https://doi.org/10.3389/fpsyt.2023.115598

Suzuki, J., Martin, B., **Prostko, S.,** Chai, P. R., & Weiss, R. D. (2022). Cannabidiol effect on

cue-induced craving for individuals with opioid use disorder treated with buprenorphine: A small proof-of-concept open-label study. *Integrative Medicine Reports*, *1*(1), 157-163.

Laursen, K. E., Williams, I. C., Marquardt, T., **Prostko, S. L.,** & Gottfried, T. L. (2017). Effect

of musical experience on learning to understand vocoded speech. *The Journal of the Acoustical Society of America*, *142*(4), 2705-2705.

**PROFESSIONAL PRESENTATIONS**

Campbell, D., **Prostko, S.,** Wizda, C., Szpak, V., Rosenblum, N**.**, Maddams, S., Kopczynski, A.,

Hasdianda, M., Chai, P., & Suzuki, J. (2024, November) *Alcohol use disorder research using*

*ketamine in the emergency department: Challenges and lessons learned.* The 2024 Brigham Research Institute Fall Poster Session.

Wu, A.C., Maddams, S., **Prostko, S**., Szpak, V., Rosenblum, N., Hilt, L., & Suzuki, J. (2024,

April) *Perceived risks of psychedelics in individuals with substance use and psychiatric disorders.* Presented at American Society of Addiction Medicine.

Vercollone, L.W., Suzuki, J., **Prostko, S.,** Maddams, S., Tom, J., Messinger, J., Garner, C.,

Zarrabi, B., Hilal J., Szpak, V., Hathaway, D., & Chai, P. (2024, April) *Improving linkage to addiction treatment with extended-release Naltrexone.* Presented at American Society of Addiction Medicine.

Wu, A.C., Maddams, S., **Prostko, S.,** Szpak, V., Rosenblum, N., Hilt, L., & Suzuki, J. (2024,

March) *Perceived risks of psychedelics in individuals with substance use and psychiatric disorders.* Presented at Harvard Psychiatry Research Day.

Wu, A.C., Maddams, S., **Prostko, S.,** Szpak, V., & Suzuki, J. (2023, November) R*elationship*

*and opinions of psychedelic substances and suicide of a clinical population*. Presented at Discover Brigham, Boston MA.

**Prostko, S.,** Szpak, V., Chai, P., Spagnolo, P.A., Tenenbaum, R.E., Ahmed, S., Weiss, R.D., &

Suzuki J. (2023, November) *Cannabidiol may help to reduce relapse risk by attenuating cue-reactivity with opioid use disorder receiving buprenorphine or methadone*. Presented at The Association for Multidisciplinary Education and Research in Substance use and Addiction Conference, Washington, DC.

Szpak V., **Prostko S**., Weiss R, & Suzuki, J. (2023, November) *An intensive outpatient program*

*for hospitalized patients with opioid use disorder and injection-related infections: A qualitative study.* Presented at The Association for Multidisciplinary Education and Research in Substance use and Addiction Conference, Washington, DC.

Suzuki J., **Prostko, S.,** Szpak, V., Chai, P., Spagnolo, PA., Tenenbaum, R.E., Ahmed, S., &

Weiss, R.D. (2023, June) *Cannabidiol may help to reduce relapse risk by attenuating cue-reactivity with opioid use disorder receiving buprenorphine or methadone*. Presented at College on Problems of Drug Dependence Conference, Denver, CO.

**Prostko, S.,** Szpak, V., Chai, P., Spagnolo, P.A., Tenenbaum, R.E., Ahmed, S., Weiss, R.D., &

Suzuki J. (2023, May). *Cannabidiol may help to reduce relapse risk by attenuating cue-reactivity with opioid use disorder receiving buprenorphine or methadone*. Presented at Association for Psychological Science Conference, Washington, D.C.

**Prostko, S.,** Szpak, V., Chai, P., Spagnolo, P.A., Tenenbaum, R.E., Ahmed, S., Weiss, R.D., &

Suzuki J. (2023, March). *Cannabidiol may help to reduce relapse risk by attenuating cue-reactivity with opioid use disorder receiving buprenorphine or methadone*. Presented at Harvard University Psychiatry Days, Boston, Massachusetts.

**Prostko, S.,** Martin, B., Szpak, V., Chai, P.R., Weiss, R.D., Suzuki, J. (2022, November).

*Cannabidiol effect on cue-induced craving for individuals with opioid use disorder treatment with buprenorphine: A small proof-of-concept, open-label study.* Presented at The Association for Multidisciplinary Education and Research in Substance use and Addiction Conference, Boston, Massachusetts.

Szpak, V., **Prostko, S.,** Vercollone, L., Sharma, S.R., Suzuki, J., Loguidice, F., & Garner C.,

Ahern D. (2022, November). *Digitally assisted recovery to facilitate linkage to outpatient treatment following inpatient alcohol withdrawal treatment: A proof-of-concept study.* Presented at the Association for Multidisciplinary Education and Research in Substance use and Addiction Conference, Boston, Massachusetts.

**Prostko, S**. (2020, June). *Testing the Interpersonal-Psychological Theory of Suicide in a*

*community sample of adolescents.* Presented at the Lawrence University Psychology Department Senior Capstone Presentation Session. Appleton, Wisconsin

Swords, C. M., **Prostko, S**., & Hilt, L. M. (2020, March). *Testing the Interpersonal Theory of*

*Suicide among a community sample of adolescents.* Presented at Society for Research on Adolescence Conference, San Diego, California – Conference canceled due to Covid-19.

**Prostko, S.** & Hilt, L. M. (2019, November). *Validating a novel school-based screening program among a community sample of adolescents.* Presented at the Association for Behavioral and Cognitive Therapies Conference, Atlanta, Georgia.

**Prostko, S.** & Hilt, L. M. (2019, October). *Validating a novel school-based screening program*

*among a community sample of adolescents*. Presented at the Lawrence University Summer Research Symposium, Appleton, WI.

Swords, C. M., Laursen, K. E., **Prostko, S**., & Hilt, L. M. (2018, November). *Understanding the*

*relationship between nonsuicidal self-injury and suicide in adolescence through an interpersonal lens*. Presented at the Association for Behavioral and Cognitive Therapies Conference, Washington D.C.

Swords, C. M., Laursen, K. E., **Prostko, S**., & Hilt, L. M. (2018, October). *Understanding the*

*relationship between nonsuicidal self-injury and suicide in adolescence through an interpersonal lens*. Presented at the Lawrence University Summer Research Symposium, Appleton, Wisconsin.

**GRANTS, HONORS, & SCHOLARSHIPS**

The Edwin H. Olson Award in Human Services ($200) 2020

* Awarded to the best senior psychology major planning to undertake a career in one of the psychology-related helping professions.

Bill Kroger Scholarship ($2500 x 2) 2019 – 2020

Lawrence University Senior Experience Award ($3000) 2018-2019

* Awarded to students to support the pursuit of ambitious or distinctive Senior Experience or honors projects.

ABCT CPLAC Sig Award for Best Poster Presentation ($150) 2018

Robert & Ida Nicoll Education Trust Fund Scholarship ($1000) 2016

Lawrence University Dean’s List 2016 – 2020

* Awarded to students with a GPA of 3.5 or higher

Wisconsin Academic Excellence Scholarship ($2,200 x 5) 2015 – 2020

* Awarded to Wisconsin High School seniors who have the highest grade point average in each public and private high school throughout the State of Wisconsin.

Richard Warch Honor Scholarship 2015 – 2020

**OTHER PSYCHOLOGY AND YOUTH POSITIONS**

**The Trevor Project**, Remote February 2021 – February 2024

Crisis Counselor – Digital Messaging

**Family Services of Northeast Wisconsin**, Green Bay, WIFebruary 2021 – August 2021

Crisis Counselor

Crisis Center

**MCHS AmeriCorps**, Green Bay, WI September 2020 – August 2021

Program Assistant

Girl Scouts of the Northwestern Great Lakes

**Lawrence University***, Appleton, WI* August 2017 – June 2018

Residential Life Assistant

Office of Residential Life

**PROFESSIONAL AFFILIATIONS**

Member-in-Training of College on Problems of Drug Dependence 2023

Member of Association for Psychological Science 2023

Member of Association for Multidisciplinary Education and Research in Substance 2022-2024

Use and Addiction

Member of Psi Chi

Member of Association for Behavioral and Cognitive Therapies 2018-2020

Member of Sigma Alpha Iota

Member of Phi Beta Kappa

Member of Pi Kappa Lambda

**TEACHING EXPERIENCE**

**Teaching Assistant,** Lawrence University 2020

* Cognitive Psychology (w/ Lab) (PSYC 340)

**Tutor,** Lawrence University 2016-2020

* Social Psychology (PSYC 270)
* Psychopharmacology & Behavior (PSYC 350)
* Psychology of Music (PSYC 230)
* Head Music Theory Tutor (MUTH 201, 202, 251, 300, 301)
* Music Theory Tutor (MUTH 201, 202, & 251)

**LEADERSHIP EXPERIENCES**

Center for Community Engagement – Animal Welfare Coordinator 2019-2020

Dean’s Advisory Council – Double Degree Rep & Secretary 2018-2020

Panel Member for Conservatory Admissions Day (x4) 2018-2020

Sigma Alpha Iota – Vice President: Membership 2018-2019

Lawrence Swing Dance – Treasurer 2017-2019

NeuroLawrence – Communications Manager 2016-2018

**SPECIAL TRAINING & SKILLS**

* R
* Epic Electronic Health Record (EHR) System
* Insight Institutional Review Board (IRB) System
* NIMH Data Archive (NDA)
* Clinicaltrials.gov
* Python
* NVivo
* SPSS
* REDCap
* ePrime
* Good Clinical Practice
* Qualtrics