

# Jennifer M. Buchman-Schmitt

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## Education

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**Florida State University** Tallahassee, Florida  
Ph.D. in Clinical Psychology 2015 – Present  
Dissertation: Excessive Exercise and Capability for Suicide: Investigating Association between Eating Pathology and Suicide and the Mediating Role of Cortisol  
Advisor: Thomas Joiner, Ph.D.

**Florida State University** Tallahassee, Florida  
M.S. in Clinical Psychology 2012 – 2015  
Thesis: Rehearsing Pain: Mental Rehearsal and the Ability to Enact Lethal Self-Harm  
Advisor: Thomas Joiner, Ph.D.

**University of Minnesota** Minneapolis, Minnesota  
College of Liberal Arts 2007 – 2010  
B.A. in Psychology *with distinction*

## Grant Experience

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Excessive exercise and suicide risk: Mediating role of capability for suicide and HPA axis dysregulation.  
Integrated Clinical Neuroscience Training for Translational Research.  
T32 MH093311-04. Principal Investigator. \$22,920

## Awards

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MSRC Dissertation Completion Award 2016  
FSU Congress of Graduate Students Conference Presentation Grants 2014  
MSRC AAS Pre-Conference Training Day/Travel Award 2014  
AAS Student Conference Proposal Award 2013  
Sharon Borine Senior Project Award Nominee 2010  
National Society of Collegiate Scholars 2008-2010  
Dean's List 2008-2010

## Research Experience

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**Florida State University** Tallahassee, Florida  
*Graduate Research Assistant* July 2012 – Present

**Minnesota Center for Twin and Family Research** Minneapolis, Minnesota  
*Data Manager/Research Assistant* July 2010 – May 2011

**Social Psychology Research Lab Assistant** Minneapolis, Minnesota  
*Research Assistant for Dr. Mark Snyder* September 2009 – December 2010

## Clinical Experience

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### **Marianna Community Based Outpatient Clinic**

*Psychology Intern*

Populations served: U.S. Veteran outpatients

Responsibilities: Provided empirically supported individual and group therapy; Administered, analyzed, and interpreted psychological tests

Supervisor: Monica Watkins-Clay, Ph.D.

Marianna, Florida  
September 2017 – Present  
(8 hrs/week)

### **Tallahassee Memorial Hospital**

*Psychology Intern*

Populations served: Adult, adolescent, and child psychiatric inpatients

Responsibilities: Administered, analyzed, and interpreted psychological tests

Supervisor: Larry C. Kubiak, Ph.D.

Tallahassee, Florida  
August 2015 – May 2017  
(4-8 hrs/week)

### **Laboratory for the Study and Prevention of Suicide-Related Conditions and Behaviors**

*On-Call Clinician & Diagnostic Interviewer*

Populations Served: Undergraduate and graduate students

Responsibilities: Conducted suicide risk assessments in person and over the phone; administered diagnostic interviews for mental disorders

Supervisor: Thomas E. Joiner, Ph.D.

Tallahassee, Florida  
January 2013 - Present  
(8-10 hrs/week)

### **Eating Behaviors Research Clinic**

*On-Call Clinician & Diagnostic Interviewer*

Populations Served: Undergraduate and graduate students

Responsibilities: Administered diagnostic interviews for mental disorders; Conducted in person suicide risk assessments

Supervisor: Pamela Keel, Ph.D.

Tallahassee, Florida  
September 2014 – February 2015  
(4 hrs/week)

### **Florida State University Psychology Clinic**

*Psychological Trainee*

*Advanced Training Practicum*

*Dialectical Behavior Therapy Group Leader*

Populations Served: Adult, adolescent, and child psychiatric outpatients

Responsibilities: Provided empirically supported individual and group therapy; conducted suicide risk assessments and interventions; conducted structured clinical interviews; administered, analyzed, and interpreted assessments for mental disorders; conducted screening evaluations

Supervisors: Thomas E. Joiner, Ph.D., Therese Skubic Kemper, Ph.D., Kimberly Driscoll, Ph.D., Jesse Cogle, Ph.D.

Tallahassee, Florida  
August 2013 – December 2015  
August 2014 – August 2015  
January 2014 – July 2015  
(20 hrs/week)

## Clinical Training Workshops Attended

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### **Motivational Interviewing**

Description: Reviewed MI spirit and core skills including methods for identifying, eliciting and strengthening change talk as well as recognizing and responding to sustain talk and discord.

Given by: Therese Skubic Kemper, Ph.D., Certified MI Trainer

July 16-17, 2015  
Total hours: 9

### **LGBTQ Psychotherapy Training**

Description: Reviewed assessment and therapeutic considerations and approaches for sexual minority patients.

Given by: Peter Goldblum, Ph.D., MPH

March 27, 2015  
Total hours: 2

## Clinical Training Workshops Attended (continued)

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<b>Brief Behavioral Activation (BA) Treatment for Depression</b> <u>Description:</u> Reviewed the theoretical basis and techniques of BA. <u>Given by:</u> Carl W. Lejuez, Ph.D.	December 5, 2014 Total hours: 4
<b>Psychological Autopsy (PA) Certification</b> <u>Description:</u> Discussed history and purposes of the PA as a postmortem investigative tool; identified the procedures used in the conduct of a PA investigation; implemented a PA protocol. <u>Given by:</u> Lanny Berman, Ph.D.	October 24-25, 2013 Total hours: 16.5
<b>Cognitive Behavioral Analysis System of Psychotherapy (CBASP)</b> <u>Description:</u> Discussed theoretical basis for CBASP; reviewed and practiced CBASP treatment <u>Given by:</u> Martina Belz, Ph.D., Certified CBASP Trainer	October 19, 2013 Total hours: 8
<b>Suicide Prevention</b> <u>Description:</u> discussed effective suicide theory, risk factors, assessment, treatment, and prevention strategies. <u>Given by:</u> Thomas E. Joiner, Ph.D.	July 10 & 24, 2013 June 5, 2013 May 29, 2013 Total hours: 16

## Teaching Experience

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<b>Florida State University</b> <i>Abnormal Psychology (CLP 4143)</i> Substitute Instructor, 6 lectures, 70 students	Tallahassee, Florida January 2017
<b>Florida State University</b> <i>Abnormal Psychology (CLP 4143)</i> Instructor of Record, 70 students	Tallahassee, Florida August 2015 – December 2015
<b>Florida State University</b> <i>Abnormal Psychology (CLP 4143)</i> Guest Lecturer: “Suicide & NSSI,” 70 students	Tallahassee, Florida September 2015
<b>Florida State University</b> <i>Abnormal Psychology (CLP 4143)</i> Guest Lecturer: “Obsessive-Compulsive Disorder,” 70 students	Tallahassee, Florida March 2015

## Published Manuscripts (in reverse chronological order; N = 16)

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- Buchman-Schmitt, J. M.**, Brislin, S. J., Venables, N. C., Joiner, T. E., & Patrick, C. J. (2017). Trait Liabilities and Specific Promotive Processes in Psychopathology: The Example of Suicide. *Journal of Affective Disorders*, 216, 100-108.
- Joiner, T. E., **Buchman-Schmitt, J. M.**, Chu, C., & Hom, M. A. (2017). A sociobiological extension of the interpersonal theory of suicide. *Crisis*, 38, 69-72.
- Brislin, S. J., **Buchman-Schmitt, J. M.**, Joiner, T. E., & Patrick, C. J. (2016). ‘Do unto others’?: Distinct psychopathy facets predict reduced perception and tolerance of pain. *Personality Disorders: Theory, Research, and Treatment*.
- Chu, C., **Buchman-Schmitt, J. M.**, Hom, M., A, Stanley, I. H., & Joiner, T. E. (2016). A test of the interpersonal theory of suicide among a large sample of current firefighters. *Psychiatry Research*, 240, 26-33.

- Chu, C., **Buchman-Schmitt, J. M.**, & Joiner, T. E. (2016). Personality disorder symptoms and suicidality: Low desire and high plans for suicide in military inpatients and outpatients. *Journal of Personality Disorders*, 1-11.
- Forney, K. J., **Buchman-Schmitt, J. M.**, Keel, P. K., & Frank, G. K. (2016). The medical complications associated with purging. *International Journal of Eating Disorders*.
- Chu, C., Podlogar, M. C., Rogers, M., **Buchman-Schmitt, J. M.**, Negley, J., & Joiner, T. E. (2016). Does suicidal ideation influence memory? A study of the role of violent daydreaming in the relationship between suicidal ideation and everyday memory. *Behavior Modification*, 0145445515625189.
- Hom, M. A., Lim, I. C., Stanley, I. H., Chiurliza, B., Podlogar, M. C., Michaels, M. S., **Buchman-Schmitt, J. M.**, Silva, C., Ribeiro, J. D., & Joiner, T. E. (2016). Insomnia brings soldiers into mental health treatment, predicts treatment engagement, and outperforms other suicide-related symptoms as predictor of major depressive episodes. *Journal of Psychiatric Research*.
- Chu, C., **Buchman-Schmitt, J. M.**, Moberg, F., & Joiner, T. E. (2015). Thwarted belongingness mediates the relationship between fear of negative evaluation and suicidal ideation. *Cognitive Therapy and Research*, 1-7.
- Chu, C., **Buchman-Schmitt, J. M.**, & Joiner, T. E. (2015). Autobiographical memory perspectives in task and suicide attempt recall: A study of young adults with and without symptoms of suicidality. *Cognitive Therapy and Research*, 766-775.
- Chu, C., Podlogar, M., Hagan, C. R., **Buchman-Schmitt, J. M.**, Silva, C., Chiurliza, B., Hames, J. L., Stanley, I. H., Lim, I. C., & Joiner, T. E. (2015). The interactive effects of the capability for suicide and major depressive episodes on suicidal behavior in a military sample. *Cognitive Therapy and Research*, 1-9.
- Chu, C., Klein, K. M., **Buchman-Schmitt, J. M.**, Hom, M. A., Hagan, C. R., & Joiner, T. E. (2015). Routinized assessment of suicide risk in clinical practice: An empirically informed update. *Journal of Clinical Psychology*.
- Buchman-Schmitt, J. M.**, Chiurliza, B., Chu, C., Michaels, M. S., & Joiner, T. E. (2014). Suicidality in adolescent populations: A review of the extant literature through the lens of the interpersonal theory of suicide. *International Journal of Behavioral Consultation and Therapy*, 9(3), 26-34.
- Ribeiro, J. D., Bender, T., **Buchman, J. M.**, Nock, M., Rudd, M., Bryan, C., Lim, I., Baker, M., Knight, C., Gutierrez, P., & Joiner, T. E. (2014). An investigation of the interactive effects of the acquired capability for suicide and acute agitation on suicidality in a military sample. *Depression and Anxiety*, 32(1), 25-31.
- Joiner, T. E., Michaels, M. S., Chu, C., & **Buchman-Schmitt, J. M.** (2013). Suicide. *Oxford Bibliographies Online: Psychology*.
- Chu, C., **Buchman-Schmitt, J. M.**, Michaels, M. S., Ribeiro, J. D., & Joiner, T. E. (2013). Discussing Disgust: The role of disgust with life in suicide. *International Journal of Cognitive Therapy*, 6(3), 235-247.

## Manuscripts Accepted/In Press (N=4)

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Joiner, Jr., T. E., **Buchman-Schmitt, J. M.**, Chu, C. (in press). Do undiagnosed suicide decedents have symptoms of a mental disorder? *Journal of Clinical Psychology*.

Hom, M. A., Hames, J. L., Bodell, L. P., **Buchman-Schmitt, J. M.**, Chu, C., Chiurliza, B., Michaels, M. S., Rogers, M. L., Ribeiro, J. D., Nadorff, M. R., Winer, E. S., Rudd, M. D., & Joiner, T. E. (in press). Investigating insomnia as a cross-sectional and longitudinal predictor of loneliness: Findings from six samples. *Psychiatry Research*.

**Buchman-Schmitt, J. M.**, Chu, C., Michaels, M. S., Hames, J. L., Silva, C., Hagan, C. R., Ribeiro, J. D., Selby, E. A., & Joiner, T. E. (accepted). The role of stressful life events preceding death by suicide: Evidence from two samples of suicide decedents. *Psychiatry Research*.

Chu, C., **Buchman-Schmitt, J. M.**, Stanley, I. H., Hom, M. A., Tucker, R. P., Hagan, C. R., Rogers, M. L., Podlogar, M. C., Chiurliza, B., Ringer, F. B., Michaels, M. S., Patros, C., & Joiner, T. E. (accepted). The interpersonal theory of suicide: A systematic review and meta-analysis of a decade of cross-national research. *Psychological Bulletin*.

## Manuscripts under Review (N=5)

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**Buchman-Schmitt, J. M.**,\* Stanley, I. H.,\* Chu, C., Rogers, M. L., Gai, A., Wagner, R. K., Gutierrez, P.M., & Joiner, T. E. (revise & resubmit). The military suicide research consortium common data elements: An examination of measurement invariance across current service members, younger veterans, and older veterans. *Assessment*.

*\*both authors contributed equally to this manuscript.*

**Buchman-Schmitt, J. M.**, Chu, C., Sheffler, J., Rogers, M. L., Ringer, F. B., Schneider, M., Joiner, T. E., & Sachs-Ericsson, N. (under review). Sleep and depression: A longitudinal study of the impact of sleep duration on major depressive disorder in middle- to older-aged adults. *Journal of Clinical Psychology*.

Rogers, M. L., Duffy, M. E., **Buchman-Schmitt, J. M.**, Datoc, A. E., & Joiner, T. E. (under review). Exercise Dependence: Associations with Capability for Suicide and Past Suicidal Behavior. *Health Psychology*.

Rogers, M. L., Chu, C., Stanley, I. H., Michaels, M. S., Hom, M. A., **Buchman-Schmitt, J. M.**, Hagan, C. R., Ringer, F. B., Hames, J. L., Schneider, M. E., Graham, A., & Joiner, T. E. (under review). Construct validity of acute suicidal affective disturbance across measurement formats in three clinical samples. *Journal of Consulting and Clinical Psychology*.

Keel, P. K., Forney, K. J., **Buchman-Schmitt, J. M.**, Kennedy, G. A., & Joiner, T. E. (under review). Examination of the link between weight suppression and non-suicidal self-injurious behaviors and mediators of this link. *Comprehensive Psychiatry*.