

Anna R. Gai

gai@psy.fsu.edu

Doctoral Candidate

Florida State University, Department of Psychology
1107 West Call St, Tallahassee, FL 32306

Education

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|---|------------------------------------|
| <p>Ph.D. in Clinical Psychology
<i>Florida State University, Tallahassee, FL</i>
Advisor: Thomas E. Joiner, Ph.D.</p> | <p>August 2016 - Present</p> |
| <p>M.S. in Clinical Psychology
<i>Florida State University, Tallahassee, FL</i>
Advisor: Thomas E. Joiner, Ph.D.</p> | <p>August 2016 – December 2017</p> |
| <p>B.A. in Psychology (High Distinction)
<i>University of Virginia , Charlottesville, VA</i></p> | <p>August 2011 – April 2016</p> |

Professional Experience

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| <p>Director
<i>Statewide Office for Suicide Prevention</i>
Office of Substance Abuse and Mental Health
Florida Department of Children and Families
Chair of the Florida Suicide Prevention Coordinating Council</p> | <p>August 2020 - Current</p> |
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Clinical Experience (Approximate Total Hours: 1,880; Intervention: 795)

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| <p>Assistant Director.
<i>Florida State University Psychology Clinic</i>
Tallahassee, FL</p> | <p>August 2019 – August 2020</p> |
| <p>Staff Individual Psychotherapist
<i>Florida State University Psychology Clinic</i>
Tallahassee, FL
<u>Populations Served:</u> adult, adolescent, and child psychiatric outpatients
<u>Services:</u> Individual (evidence-based framework), Cognitive assessments
<u>Supervisors:</u> Therese Skubic Kemper, Ph.D., Michael J. Kofler, Ph.D., Thomas E. Joiner, Ph.D., Christina J. Riccardi, Ph.D., N. Brad Schmidt, Ph.D., Jessica Ribeiro, Ph.D., Alexandria Meyer, Ph.D.</p> | <p>August 2017 – August 2020</p> |
| <p>Peer Supervisor
<i>Florida State University Psychology Clinic</i>
Tallahassee, FL</p> | <p>August 2019 – August 2020</p> |
| <p>Screening Psychotherapist
<i>Florida State University Psychology Clinic</i></p> | <p>August 2018 – August 2020</p> |

Tallahassee, FL

Hoarding Disorder Group Treatment Therapist

January 2018 – May 2020

Florida State University Psychology Clinic

Supervisor: Therese Skubic Kemper, Ph.D.

Clinical Interviewer, Research-Related Clinical Interviewing

January 2017 - Present

Laboratory for the Study and Prevention of Suicide-Related Conditions and Behaviors

Department of Psychology, Florida State University

Populations Served: Undergraduate/graduate students, and community members

Supervisor: Thomas E. Joiner

On-Call Clinician, Research-Related Suicide Risk Assessment

September 2016 - Present

Laboratory for the Study and Prevention of Suicide-Related Conditions and Behaviors

Department of Psychology, Florida State University

Populations Served: Undergraduate/graduate students

Supervisor: Thomas E. Joiner

Student Assistant

February 2018 – May 2019

Tallahassee Memorial Hospital Neuropsychology

Tallahassee Memorial Hospital, Tallahassee, Florida

Populations Served: Neuropsychological assessments, particularly for those with memory complaints and TBIs

Supervisor: Carlton S. Gass, Ph.D., ABPP, ABN

Clinical Trainee

August 2018 – December 2018

U.S. Department of Veterans Affairs

Tallahassee Health Care Center, Behavioral Health Clinic, Tallahassee, Florida

Populations Served: U.S. Veterans

Supervisor: Diana Marshall, Ph.D.

Acceptance and Commitment Therapy Group Therapist.

August 2018 – December 2018

U.S. Department of Veterans Affairs

Tallahassee Health Care Center, Behavioral Health Clinic, Tallahassee, Florida

Populations Served: U.S. Veterans

Supervisor: Diana Marshall, Ph.D.

Volunteer Crisis Counselor

Fall 2015 - Fall 2016

Crisis Text Line, Nationwide

Volunteer Crisis Counselor

Fall 2013 - Spring 2016

Helpline, University of Virginia

Research Experience

Department of Psychology, Florida State University

August 2016 - Present

Graduate Research Assistant

Supervisor: Thomas E. Joiner, Ph.D.

Laboratory for the study and prevention of suicide-related conditions and behaviors

Department of Psychology, University of Virginia

January 2013 - May 2016

Research Assistant

Supervisors: Laura M. Getz, Ph.D. & Michael Kubovy, Ph.D.

Visual and Auditory Perception Laboratory

Distinguished Majors Program in Psychology

August 2014 - May 2015

Supervisors: Laura M. Getz, Ph.D. & Michael Kubovy, Ph.D.

Developed novel research question on role of anxiety in language and rhythm processing

INOVA Neuroscience Research Institute, Falls Church VA

Summer 2014

Intern

Supervisor: James Ecklund, MD

Teaching Experience

Teaching Assistant – FSU Psychology Clinic Pre-practicum Summer 2019 & Summer 2020

Florida State University

Guest Lecture – FSU Psychology Clinic Weekly Staff Meeting

April 2019

Give an Hour

Florida State University

Guest Lecture – Abnormal Psychology

March 2019

Generalized Anxiety Disorder (GAD)

Florida State University

Guest Lecture – FSU Psychology Clinic Weekly Staff Meeting

September 2018

Treatment for Hoarding Disorder, and other cool stuff about clutter

Florida State University

Guest Lecture – Summer Course: “Psychology of Music”

August 2015

Does Anxiety Change Our Perception?

University of Virginia

Grants

Funded

9-8-8 State Planning Grants

February 2021 – Current

Vibrant Emotional Health

Project Title: Florida Department of Children and Families, Office of Substance Abuse and Mental Health 988 Planning Grant

Role: Director

Amount Awarded: \$335,000

Collaborative Collision: COVID-19 Pandemic Seed Grant 2020 - Current
Florida State University Office of Research Development

Project Title: A Longitudinal, Pre-Pandemic – Post-Pandemic Assessment of the Mental Health and General Psychological Functioning of a Large Sample of Young Adults

Role: co-Investigator (PI: Joiner)

Amount Awarded: \$12,332

Fahs-Beck Fellows 2019 – 2021

Fahs-Beck Fund for Research and Experimentation

Project Title: Accessibility Implications to Changing the National Suicide Lifeline Prevention Number

Role: co-Investigator (PI: Thomas Joiner)

Amount Awarded: \$18,500

Completed

Division 49 Group Psychotherapy Grant 2018 – 2019

American Psychological Foundation (APF)

Project Title: Group Treatment for Hoarding Disorder

Role: co-Principle Investigator (Co-PI: Mathes)

Amount Awarded: \$1,200

Submitted

COVID-19 Rapid Response Grant 2020

American Psychological Foundation (APF)

Project Title: A Longitudinal, Pre-Pandemic – Post-Pandemic Assessment of the Mental Health and General Psychological Functioning of a Large Sample of Young Adults

Role: co-Investigator (PI: Joiner)

Amount Awarded: \$20,000

Status: Not Funded

National Research Service Award (NRSA) Individual Predoctoral Fellowship (F31)

National Institutes of Health

Project Title: A Multi-Method Investigation of the Role of Capability for Suicide

Role: Principal Investigator

Amount Requested: \$84,186

Date Submitted: 12/2019

Status: Not Funded

Honors and Awards

2021 – Military Suicide Research Consortium (MSRC) Dissertation Award: \$2,000

2021 – Graduate Student Leadership Award, Florida State University: \$1,000

2020 – Military Suicide Research Consortium (MSRC) American Association of Suicidology

Pre-conference Research Training Day Travel Award: \$1,000

2019 – Military Suicide Research Consortium (MSRC) American Association of Suicidology

Pre-conference Research Training Day Travel Award: \$1,000

- 2018 – Military Suicide Research Consortium (MSRC) American Association of Suicidology
Pre-conference Research Training Day Travel Award: \$1,000
- 2018 – Graduate Research Development Awards (GRDA) at Florida State University: \$600
- 2018 – Congress of Graduate Students Presentation Grant: \$200
- 2018 – Graduate Research Development Awards (GRDA) at Florida State University: \$500
- 2018 – Military Suicide Research Consortium (MSRC) American Association of Suicidology
Pre-conference Research Training Day Travel Award: \$1,000
- 2017 – Graduate Research Development Awards (GRDA) at Florida State University: \$600
- 2017 – Congress of Graduate Students Presentation Grant: \$200
- 2015 – Dean’s List, University of Virginia
- 2014 – Dean’s List, University of Virginia
- 2013 – Dean’s List, University of Virginia

Peer-Reviewed Publications

2021

Joiner, T. E., Jeon, M. E., Lieberman, A., Janakiraman, R., Duffy, M. E., & **Gai, A. R.** (in press). On Prediction, Refutation, and Explanatory Reach: A consideration of the Interpersonal Theory of Suicidal Behavior. *Preventive Medicine*.

Ringer, F. B., Rogers, M. L., Podlogar, M. C., Chu, C., Stanley, I., **Gai, A. R.**, & Joiner, T. E. (in press). To Support and Defend: A eusociality-based account of suicide in U.S. military service members and first responders. *Clinical Psychology: Science and Practice*

Rogers, M. L., Bauer, B. W., **Gai, A. R.**, Duffy, M. E., & Joiner, T. E. (2021). Examination of measurement invariance of the Acquired Capability for Suicide Scale. *Psychological Assessment*.

2020

Bauer, B.W.*, **Gai, A.R.***, Duffy, M.E., Rogers, M.L., Khazem, L.R., Martin, R.L., Joiner, T.E., & Capron, D.W. (2020). Fearlessness about death does not differ by suicide attempt method. *Journal of Psychiatric Research*.

Bauer, B.W., **Gai, A.R.**, Joiner, T.E., & Capron, D.W. (2020). Frequency and subjective impact of painful and provocative events on the acquired capability for suicide. *Archives of Suicide Research*.

Gai, A. R., Ringer, F., Schafer, K., Dougherty, S., Schneider, M., Soberay, K. A., Gutierrez, P. M., Joiner, T. E., Comtois, K. A., & Plant, E. A. (2020). The Nature and Structure of the Military Suicide Research Consortium's Common Data Elements. *Military Behavioral Health*.

Janakiraman, R., Stanley, I. H., Duffy, M. E., **Gai, A. R.**, Hanson, J. E., Gutierrez, P. M., & Joiner, T. E. (2020). Suicidal Ideation Severity in Transgender and Cisgender Elevated-

* Denotes co-first authors with equal contributions to the project

Risk Military Service Members at Baseline and Three-Month Follow-Up. *Military Behavioral Health*.

2019

Duffy, M.E., **Gai, A.R.**, Rogers, M.L., Joiner, T.E., Luby, J.L., Joshi, P.T., Wagner, K.D., Emslie, G.J., Walkup, J.T., & Axelson, D. (2019). Psychotic symptoms and suicidal ideation in child and adolescent bipolar I disorder. *Bipolar Disorders*.

2018

Chu, C., Rogers, M. L., **Gai, A.**, & Joiner, T. E. (2018). Role of thwarted belongingness and perceived burdensomeness in the relationship between violent daydreaming and suicidal ideation in two adult samples. *Journal of Aggression, Conflict, and Peace Research*.

Chu, C., Hom, M. A., Stanley, I. H., **Gai, A. R.**, Nock, M. K., Gutierrez, P. M., & Joiner, T. E. (2018). Non-suicidal self-injury and suicidal thoughts and behaviors: a study of the explanatory roles of the interpersonal theory variables among military service members and veterans. *Journal of consulting and clinical psychology*.

Gallyer, A. J., Dougherty, S. P., **Gai, A. R.**, Stanley, I. H., Hom, M. A., Rogers, M. L., Duffy, M. E., Buchman-Schmitt, J. M., Spencer-Thomas, S., & Joiner, T. E. (2018). Problematic alcohol use and suicidal ideation among firefighters: A multi-study investigation of the explanatory roles of perceived burdensomeness and thwarted belongingness. *Journal of Affective Disorders*.

Podlogar, M. C., **Gai, A. R.**, Schneider, M., Hagan, C. R., & Joiner, T. E. (2018). Advancing the prediction and prevention of Murder-Suicide. *Journal of Aggression, Conflict, and Peace Research*.

Rogers, M. L., Schneider, M. E., **Gai, A. R.**, Gorday, J. Y., & Joiner, T. E. (2018). Evaluation of two web-based interventions in reducing the stigma of suicide. *Behaviour Research and Therapy*.

Stanley, I. H., Hom, M. A., **Gai, A. R.**, & Joiner, T. E. (2018). Wildland Firefighters and Suicide Risk: Examining the role of social disconnectedness. *Psychiatry Research*.

Stanley, I. H., Buchman-Schmitt, J. M., Chu, C., Rogers, M. L., **Gai, A.**, Wagner, R. K., Gutierrez, P. M., & Joiner, T. E. (2018). The Military Suicide Research Consortium common data elements: An examination of measurement invariance across current service members, younger veterans, and older veterans. *Assessment*.

Publications Under Review

Jeon, M. E., Gomez, M., **Gai, A. R.**, Ringer, F. B., Schafer, K. M., & Joiner, T. E. (under review). *Suicide risk among young adults during the COVID-19 pandemic*. Manuscript submitted for publication.

Ringer, F. B., **Gai, A. R.**, Rogers, M. L., Chu, C., Schneider, M., Gutierrez, P. M., & Joiner, T. E. (under review). *Clinical Cut-off Scores for Abbreviated Measures in the Military Suicide Research Consortium Common Data Elements*. Manuscript submitted for publication.

Rogers, M. L., **Gai, A. R.**, Lieberman, A., Schafer, K. M., & Joiner, T. E. (under review). *Why Does Safety Planning Prevent Suicidal Behavior?* Manuscript submitted for publication.

Rogers, M. L., **Gai, A. R.**, & Joiner, T. E. (under review). *Fluctuations in and Associations between Physical and Psychological Distance to Suicide Methods, Fearlessness about Death, and Suicidal Intent*. Manuscript submitted for publication.

Government Reports

Florida Department of Children and Families Office of Substance Abuse and Mental Health. (2020). *2020 – 2023 Florida Suicide Prevention Interagency Action Plan*.

Florida Department of Children and Families Office of Substance Abuse and Mental Health. (2020). *Suicide Prevention Coordinating Council 2020 Annual Report*.

Manuscripts in Preparation

DeCou, C. R., Adhia, A., **Gai, A. R.**, Huppert, T. K., Ayyagari, R. C., DiMascolo, L., & Joiner, T. E. (in preparation). *On Murder-Suicide*.

Gai, A. R.*, Clancy, K.*, Morabito, D., Joiner, T. E., & Schmidt, N. B. (in preparation). *Interaction of acquired capability and distress intolerance as a novel risk factor for suicidality in an at-risk outpatient and veteran population*.

Gai, A.R., Lieberman, A., Schneider, M., Chiurliza, B., Spencer-Thomas, S., & Joiner, T. E. (in preparation). *Prevalence and sociodemographic correlates of suicide-related thoughts and behaviors within the construction and extraction workforce*.

Gai, A. R., Stanley, I. H., Hom, M. A., & Joiner, T. E. (in preparation). *Military Service and Firefighting Service: An investigation into the effects of military service on psychiatric symptoms experienced by U.S. firefighters*.

Presentations

2020

Gai, A. R. (2020, September). *Suicide Prevention*. Oral presentation presented at the Osceola Children's Cabinet Meeting.

Gai, A. R. (2020, September). *Suicide Prevention*. Oral presentation presented at the Aspire Health Partner's Children's Community Programs Monthly Meeting.

* Denotes co-first authors with equal contributions to the project

Gai, A. R. (2020, November). *Expert Chat: It's Okay to not be Okay, Even During the Holidays*. Facebook Live event with the Check-In Project.

Gai, A. R. (2020, December). *Suicide Prevention*. Oral presentation presented to Florida's Children and Youth Cabinet.

2019

Gai, A. R., Gutierrez, P. M., & Joiner, T. E. (2019, August). *Separation from Active Duty Service and Suicidality: Inaccurate Affective Forecasting?* Oral presentation presented at the meeting of the Military Health System Research Symposium, Kissimmee, FL.

Crow, B. E. & **Gai, A. R.** (2019, August). *Does Suicide Risk Migrate from the DoD to the VA?* Poster presented at the annual American Psychological Association Convention, Chicago, Illinois.

Gai, A. R., Comtois, K. A., Joiner, T. E., Meriwether, W. E., Miklin, S., Bauder, C. R., Stover, A. N. & Tucker, R. (2019, April). *Different Lens, Same Goal- Suicide Prevention in Practice, Research and Lived Experience*. Panel presented at the meeting of the American Association for Suicidology, Denver, Colorado.

Gai, A. R., Gutierrez, P. M., & Joiner, T. E. (2019, April). *Experiences of Suicidality Immediately Before and After Separation from the U.S. Military*. Presented at the Florida State University Psychology Department Graduate Research Day, Tallahassee, Florida.

Gai, A. R., Gutierrez, P. M., & Joiner, T. E. (2019, April). *Relation of suicidality and separation from the U.S. military*. Presented at the meeting of the American Association for Suicidology, Denver, Colorado.

Janakiraman, R., Duffy, M. E., **Gai, A. R.,** & Joiner, T. E. (2019, April). *Suicidal Ideation in Transgender vs. Cisgender Military Service Members*. Poster presented at the meeting of the American Association for Suicidology, Denver, Colorado.

Vazquez, A., **Gai, A. R.,** & Joiner, T.E. (2019, April). *United in Student-Veteran Adjustment (U.S.A.) Project: an analysis of pilot data examining student-veteran psychological health & university program utilization*. Poster presented at the meeting of the American Association for Suicidology, Denver, Colorado.

2018

Gai, A. R., Bauer, B. W., Capron, D. W., & Joiner, T. E. (2018, November). *Effect of Emergency Department Factors on Patients' Death from Self-Inflicted Injuries*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

Gai, A. R., Stanley, I. H., Hom, M. A., & Joiner, T. E. (2018, August). *Military Service and Firefighting Service: An investigation into the effects of military service on psychiatric*

symptoms experienced by U.S. firefighters. Poster presented at the meeting of the Military Health System Research Symposium, Kissimmee, FL.

Gai, A. R., Binstock, S., Carlough, C., Gardner, K. & Spencer-Thomas, S. (2018, April). *You Can't Fix Your Mental Health with Duct Tape: Continuing the Conversation of Suicide Prevention in Construction and Extraction.* Presentation presented at the meeting of the American Association of Suicidology, Washington D.C.

Gai, A. R., Caulkins, C. G., Martin III, G. A., Stagnaro, V., Coghlan, T. E., & Spencer-Thomas, S., (2018, April). *First Responders and Suicide Prevention: New Research and Innovative Approaches.* Presentation presented at the meeting of the American Association of Suicidology, Washington D.C.

Gai, A. R., Rogers, M., Schneider, M., Chiruliza, B., Spencer-Thomas, S., & Joiner, T. E. (2018, April). *You Can't Fix Your Mental Health with Duct Tape: An Investigation of the Prevalence Rates and Correlates of Suicidality Within the Construction and Extraction Industry.* Poster presented at the meeting of the Anxiety and Depression Association of America, Washington D.C.

Vazquez, A. A., **Gai, A. R.,** & Joiner, T. E. (2018, April). *United in Student-Veteran Adjustment (U.S.A.) Project: an analysis of pilot data examining student-veteran psychological health & university program utilization.* Poster presented at the meeting of the American Association of Suicidology, Washington D.C.

2017

Gai, A. R., Stanley, I. H., Hom, M. A., & Joiner, T. E. (2017, November). *The Effect of Military Service History on Psychiatric Symptoms in U.S. Firefighters.* Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies Special Interest Group Exposition, San Diego, CA.

Ringer, F. B., **Gai, A. R.,** Rogers, M. L., Chu, C., Schneider, M., & Joiner, T. E. (November, 2017). Clinical cut-off scores for shortened measures in the Military Suicide Research Consortium Common Data Elements. Poster presented at the International Summit on Suicide Research, Henderson, Nevada.

2015

Gai, A., Getz, L., & Kubovy, M. (2015, April). Anxiety Can Change the Simultaneous Processing of Rhythm and Language. Poster presented at the Undergraduate Research Network Annual Symposium, Charlottesville, VA.

Gai, A., Getz, L., & Kubovy, M. (2015, April). Anxiety Can Change the Simultaneous Processing of Rhythm and Language. Poster presented at the L. Starling Reid Undergraduate Psychology Research Conference, Charlottesville, VA.

Editorial Experience

Adhoc Reviewer

Journal of Affective Disorders
Journal of Clinical Psychology
Psychiatry Research

Other Review Experience

Student Veterans of America (SVA) National Conference Submissions
American Association of Suicidology (AAS) Conference Submissions

Active Professional Memberships

American Psychological Association Division 19: Society for Military Psychology
American Association of Suicidology
Association for Behavioral and Cognitive Therapies
Member of the Military Psychology Special Interest Group

Relevant Volunteer Experience

Give an Hour, Nationwide
Student Liaison

Fall 2014 - Present

STEMVeterans USA
Board Member

Spring 2017 – Present