

Anna R. Gai

Florida State University, Department of Psychology
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Education

Ph.D. in Clinical Psychology August 2016-Present
Florida State University, Tallahassee, FL
Advisor: Thomas E. Joiner, Ph.D.

B.A. in Psychology (High Distinction) August 2011-May 2015
University of Virginia, Charlottesville, VA
Deans List: Fall 2013, Spring 2014, Fall 2014, Spring 2015
Cumulative GPA: 3.54, Psychology Major GPA: 3.7

Research Experience

Graduate Research Assistant to Dr. Thomas Joiner August 2016-Present
Florida State University

- Laboratory for the study and prevention of suicide-related conditions and behaviors

Research Assistant to Dr. Michael Kubovy January 2013 - May 2016
University of Virginia

- Visual and Auditory Perception Lab
- Studies investigating the perceptual interaction between music and language
- Manage participant schedule and recruitment
- Greet and guide participants through research protocol
- Run studies using *PsychoPy* and *Matlab* software
- Find, synthesize, and lead discussions on empirical articles

Distinguished Majors Program in Psychology August 2014-May 2015
University of Virginia

- Developed novel research question on role of anxiety in language and rhythm processing
- Collected and analyzed data from control and socially anxious populations
- Supervised student research assistants
- Completed senior thesis paper (with high distinction)

Intern at INOVA Neuroscience Research Institute Summer 2014

- Continued research project on Utility of MRI scans for Basal Ganglia Hemorrhages
- Collected data by retrospective review of patient medical records
- Entered and analyzed data using SPSS

Publications

Gai, A. (2015, Winter). Army of Volunteers: Give an Hour. *American Veteran*, 22.

Gai. (2012, February 3). Army of Volunteers (Web log comment):
<http://bit.ly/ArmyOfVolunteers>

Presentations

Gai, A. (2015, August). Does Anxiety Change Our Perception?. Guest lecture presented to “Psychology of Music” summer course, University of Virginia.

Gai, A., Getz, L., & Kubovy, M. (2015, April). Anxiety Can Change the Simultaneous Processing of Rhythm and Language. Poster presented at the Undergraduate Research Network Annual Symposium, University of Virginia.

Gai, A., Getz, L., & Kubovy, M. (2015, April). Anxiety Can Change the Simultaneous Processing of Rhythm and Language. Poster presented at the L. Starling Reid Undergraduate Psychology Research Conference, University of Virginia

Volunteer Experience

Volunteer for Crisis Text Line, nationwide organization October 2015-Present

- 24/7 nonjudgmental, anonymous listening service via text message
- Crisis intervention, including suicide prevention
- Provide referral information for long-term help

Student liaison for Give an Hour August 2014-Present

- A non-profit organization providing free mental health services for military personnel and their families
- Organize educational opportunities about services provided by Give an Hour
- Increase awareness of mental health difficulties for military personnel and their families
- Contribute to Change Direction Campaign, with the goal to eliminate mental health stigma

Volunteer support for Dr. Robert Young, clinical psychologist January 2014-May 2016

- Research empirically-supported treatment manuals
- Find scientific articles on topics and treatments pertinent to clients and create bibliography for future reference
- Conduct literature search and synthesize information on common psychological treatments to provide facts and evidence for Dr. Young’s book

Volunteer at local crisis hotline, Charlottesville, VA September 2013-January 2016

- 24/7 nonjudgmental, anonymous listening phone service
- Crisis intervention, including suicide prevention

- Provide referral information for long-term help
- Member of publicity team