

Anna R. Gai

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Education

- Ph.D. in Clinical Psychology August 2016 - Present
Florida State University, Tallahassee, FL
Advisor: Thomas E. Joiner, Ph.D.
Cumulative GPA: 3.89
- B.A. in Psychology (High Distinction) August 2011 – April 2016
University of Virginia, Charlottesville, VA
Dean's List: Fall 2013, Spring 2014, Fall 2014, Spring 2015
Cumulative GPA: 3.54, Psychology Major GPA: 3.7

Publications

2017

- Chu, C., Rogers, M. L., **Gai, A.**, & Joiner, T. E. (2017). Role of thwarted belongingness and perceived burdensomeness in the relationship between violent daydreaming and suicidal ideation in two adult samples. *Journal of Aggression, Conflict, and Peace Research*.

2015

- Gai, A.** (2015, Winter). Army of Volunteers: Give an Hour. *American Veteran*, 22.
- Gai, A.** (2015, February 3). Army of Volunteers (Web log comment):
<http://bit.ly/ArmyOfVolunteers>

Publications Under Review

2017

- Chu, C., Hom, M. A., Stanley, I. H., **Gai, A.**, Nock, M. K., Gutierrez, P. M., & Joiner, T. E. (under review). Non-Suicidal self-injury and suicidal ideation from the perspective of the interpersonal theory of suicide: A study of the explanatory roles of thwarted belongingness and perceived burdensomeness among military service members and veterans. *Journal of Consulting and Clinical Psychology*.
- Podlogar, M. C., **Gai, A. R.**, Schneider, M., Hagan, C. R., & Joiner, T. E. (under review). Advancing the prediction and prevention of Murder-Suicide.

Stanley, I. H., Buchman-Schmitt, J. M., Chu, C., Rogers, M. L., **Gai, A.**, Wagner, R. K., Gutierrez, P. M., & Joiner, T. E. (under review). The Military Suicide Research Consortium common data elements: An examination of measurement invariance across current service members, younger veterans, and older veterans.

Manuscripts in Progress

Gai, A. R., Michaels, M., & Joiner, T. E. (in progress). Seasonality in attempted and completed suicide using emergency department data.

Gai, A. R., Michaels, M., Chu, C., Ringer, F., Rogers, M. L., Schneider, M., Hom, M. A., Buchman-Schmitt, J. M., Podlogar, M. C., & Joiner, T. E. (in progress). The trolley problem 2.0: A collision paradigm.

Gallyer, A. J., Dougherty, S. P., **Gai, A. R.**, Stanley, I. H., Hom, M. A., Rogers, M. L., Duffy, M. E., Buchman-Schmitt, J. M., & Joiner, T. E. (in progress). Problematic alcohol use and suicide risk among firefighters: A multi-study investigation of the explanatory roles of perceived burdensomeness and thwarted belongingness.

Joiner, T. E., Turner, J. B., **Gai, A. R.**, Hames, J. L., Buchman-Schmitt, J. M., Chu, C., & Hendin, H. (in progress). The factorial structure of affective states aligns with the existence of a proposed new clinical entity: Acute Suicidal Affective Disturbance.

Ringer, F. B., **Gai, A. R.**, Rogers, M. L., Chu, C., Schneider, M., & Joiner, T. E. (in progress). Clinical cut-off scores for shortened measures in the Military Suicide Research Consortium Common Data Elements.

Ringer, F. B., Rogers, M. L., Podlogar, M. C., Chu, C., Stanley, I., **Gai, A. R.**, & Joiner, T. E. (in progress). Home of the brave: The eusociality theory of suicide and U.S. military service members.

Presentations

2017

Gai, A. R., Stanley, I. H., Hom, M. A., & Joiner, T. E. (November 2017). The effect of military service experience on psychiatric symptoms in U.S. firefighters. Poster accepted for presentation at the Association for Behavioral and Cognitive Therapy Military Psychology Special Interest Group Exposition, San Diego, CA.

Ringer, F. B., **Gai, A. R.**, Rogers, M. L., Chu, C., Schneider, M., & Joiner, T. E. (November 2017). Clinical cut-off scores for shortened measures in the Military Suicide Research Consortium Common Data Elements. Poster accepted for presentation at the International Summit on Suicide Research, Henderson, Nevada.

2015

Gai, A. (2015, August). Does Anxiety Change Our Perception?. Guest lecture presented to “Psychology of Music” summer course, Charlottesville, VA.

Gai, A., Getz, L., & Kubovy, M. (2015, April). Anxiety Can Change the Simultaneous Processing of Rhythm and Language. Poster presented at the Undergraduate Research Network Annual Symposium, Charlottesville, VA.

Gai, A., Getz, L., & Kubovy, M. (2015, April). Anxiety Can Change the Simultaneous Processing of Rhythm and Language. Poster presented at the L. Starling Reid Undergraduate Psychology Research Conference, Charlottesville, VA.

Research Experience

Department of Psychology, Florida State University August 2016 - Present
Graduate Research Assistant
Supervisor: Thomas E. Joiner, Ph.D.
 Laboratory for the study and prevention of suicide-related conditions and behaviors
 Funded by grants W81XWH-16-2-0003 and W81XWH-10-2-0178, issued by Department of Defense (DoD)

Department of Psychology, University of Virginia January 2013 - May 2016
Research Assistant
Supervisors: Laura M. Getz, Ph.D. & Michael Kubovy, Ph.D.
 Visual and Auditory Perception Laboratory

Distinguished Majors Program in Psychology August 2014 - May 2015
Supervisors: Laura M. Getz, Ph.D. & Michael Kubovy, Ph.D.
 Developed novel research question on role of anxiety in language and rhythm processing

INOVA Neuroscience Research Institute, Falls Church VA Summer 2014
Intern
Supervisor: James Ecklund, MD
 Continued research project on Utility of MRI scans for Basal Ganglia Hemorrhages

Clinical Experience

Staff Psychotherapist August 2017 - Present
Florida State University Psychology Clinic
Populations Served: adult, adolescent, and child psychiatric outpatients
Services: Individual and group psychotherapy (evidence-based framework), Cognitive assessments
Supervisors: Therese Skubic Kemper, Ph.D., Michael J. Kofler, Ph.D., Thomas E. Joiner, Ph.D., Christina J. Riccardi, Ph.D., N. Brad Schmidt, Ph.D.

Clinical Interviewer, Research-Related Clinical Interviewing January 2017 - Present
Laboratory for the Study and Prevention of Suicide-Related Conditions and Behaviors
Department of Psychology, Florida State University
Populations Served: Undergraduate and graduate students
Supervisor: Thomas E. Joiner

On-Call Clinician, Research-Related Suicide Risk Assessment September 2016 - Present
Laboratory for the Study and Prevention of Suicide-Related Conditions and Behaviors
Department of Psychology, Florida State University
Populations Served: Undergraduate and graduate students
Supervisor: Thomas E. Joiner

Relevant Volunteer Experience

Give an Hour, Nationwide Fall 2014 - Present
Student Liaison

Crisis Text Line, Nationwide Fall 2015 - Fall 2016
Crisis Counselor

Helpline, Charlottesville VA Fall 2013 - Spring 2016
Crisis Counselor

Active Professional Memberships

American Psychological Association Division 19: Society for Military Psychology
American Association of Suicidology
Member of the AAS Mentorship Engagement Committee
Association for Behavioral and Cognitive Therapies
Member of the Military Psychology Special Interest Group
Association for Psychological Science