

Katherine Musacchio Schafer, M.Ed., M.S.

Florida State University
 Department of Psychology
 Tallahassee, FL
 Katherine.m.musacchio@gmail.com

EDUCATION

Florida State University	In Progress
Doctor of Philosophy (PhD), Clinical Psychology	
Major Professor: Thomas Joiner, Ph.D.	
Dissertation: <i>Reducing Suicidal Ideation by Targeting Perceived Burdensomeness: A Randomized Control Trial of Two Web-Based Brief Interventions</i>	
Florida State University	Date Conferred:
Master of Science (M.S.), Clinical Psychology	May 2019
Thesis: <i>The Status of Suicide Prediction: A Meta-Analysis</i>	
Vanderbilt University, Peabody College of Education	Date Conferred:
Masters of Education (M.Ed.) in Applied Developmental Science	May 2015
East Tennessee State University	Date Conferred:
Bachelor of Science (B.S.) in Psychology, with Honors	May 2013

AWARDS AND HONORS

2021	Virginia Roswell Student Dissertation Award (\$1000)
2021	Society for a Science of Clinical Psychology Dissertation Grant Award (\$500)
2020	Military and Suicide Research Consortium Dissertation Award (\$2000)
2020	FSU UROP Materials Grant Winner (\$250)
2020	Military and Suicide Research Consortium Training Day Award (\$1000)
2019-2020	FSU UROP Mentor of the Year Award Winner (\$575)
2019-2020	FSU Outstanding Teaching Assistant Award Nominee
2019	ABCT Veteran and Military Special Interest Group Student Poster Award (\$150)
2019	Beck Institute Soldier Suicide Prevention Scholarship Award (\$500)
2019	“Masters in Four” Finalist and Scholarship Award Winner (\$100)
2018-2019	FSU Outstanding Teaching Assistant Award Nominee
2018	ABCT Suicide Self-Injury Special Interest Group Student Poster Award (\$100)
2018	Ermine M Owenby, Jr. Fund for Excellence (\$500)
2017-2019	FSU Graduate Research Development Award (\$250)
2017-2019	FSU Congress of Graduate Students Award (\$500)
2016 - 2019	FSU Dean’s Tuition Scholarship
2013-2015	Vanderbilt Dean’s Tuition Scholarship
2013	ETSU Honors College Full Funding Scholarship
2012-2013	Atlantic Sun All Conference Academic Team (Women’s Soccer)
2009-2013	NCAA Division I Athletic Scholarship

CLINICAL EXPERIENCE

-
- Therapist Trainee, Florida State University Psychology Clinic** 2017 – 2020
Supervisors: Dr. Therese Kemper, Dr. Norman B Schmidt, Dr. Christina Riccardi, Dr. Thomas Joiner
- Population Served: Adolescent and adult community outpatients.
 - Services Provided: Adolescent and adult individual psychotherapy for anxiety, mood, and externalizing behaviors; individual suicide risk assessment and management; and assessment of intellectual and cognitive functioning. Screening new clients to be assigned to therapists within the clinic.
 - Individual Treatments Employed: CBT for specific phobias, panic disorder/agoraphobia, generalized anxiety, and social anxiety; Behavioral Activation; Cognitive Behavioral Analysis System of Psychotherapy; Parent Training; Safety Planning Intervention. Prolonged Exposure; Dialectical Behavior Therapy; Interpersonal therapy.
 - Group Treatments Employed: Dialectical Behavioral Therapy, Parent Skills Group, Cognitive Processing Therapy Group
- Masters Level Therapist, Sergeant Ernest I. "Boots" Thomas Veterans Affairs Clinic** 2019
Supervisor: Dr. Diana Marshall
- Population Served: Veterans seeking care for Anxiety, Mood, and Trauma Related Disorders.
 - Services Provided: Assessment of symptoms and psychotherapy.
 - Treatments Provided: Cognitive Behavioral Therapy (CBT) for Depression, CBT for Anxiety, Prolonged Exposure, Cognitive Processing Therapy
- Psychological Trainee, FSU Multidisciplinary Evaluation and Consulting Center** 2019 – 2020
Supervisors: Dr. Lauren Hutto, Dr. Shannon Barrett, Dr. Amber Farrington
- Population Served: Children and adolescents
 - Services Provided: Intellectual, cognitive, and behavioral assessments for children and adolescents, particularly those struggling with proficiency and growth in the school setting. Based on assessments and subsequent diagnoses, we provided recommendations for parents and schools to best support the children with particular needs.
 - Assessments Employed: WISC, WAIS, WASI, K-TEA, Woodcock Johnson Tests, Achenbach scales, Conners Scales, DISC
- Masters Level Therapist, Apalachee Center** 2018 – 2019
Supervisor: Dr. Mark Reeves, Ph.D.
- Populations Served: Community members (adults and adolescents) with mental illness in the inpatient and outpatient setting.
 - Services Provided: Assessment of symptoms and psychotherapy.
 - Treatment: CBT for Depression, CBT for Anxiety, Acceptance and Commitment Therapy for Pain, Motivational Interviewing for Substance Use, Psychosocial Rehabilitation.

Forensic Evaluator/Psychotherapist Trainee, Florida State Hospital

2017-2018

Supervisor: Dr. Raychel Powers

- Population Served: Males and females aged 18 to 78 whom were adjudicated not guilty by reason of insanity (NGI) or incompetent to proceed to trial (IPT) by the State of Florida.
- Services Provided: Administer assessments (e.g., neurocognitive, intelligence, personality, diagnostic, malingering) and psychotherapy
- Treatments Provided: CBT for Psychosis, Behavioral Activation, CBT for Insomnia, Dialectical Behavior Therapy, and provide clinical report writing.

PROFESSIONAL SERVICE AND DEVELOPMENT

Beck Institute Cognitive Behavioral Therapy for Suicide and Depression Three Day Workshop,
Philadelphia, PA

Fall 2019

Role: *Scholarship Recipient and Attendee*

Rebuilding After Trauma: a Treatment Group for Survivors of Sexual Assault

Florida Agricultural and Mechanical University, Tallahassee, FL

Fall 2019

Role: *Invited Speaker*

Suicide Risk and Protective Factors

St. John's Episcopal Church Tallahassee, FL

Fall 2019

Role: *Invited Speaker*

Cognitive Behavioral Therapy with invited guest Dr. Steven Hollon

Florida State University, Tallahassee, FL

Spring 2019

Role: *Organizer and Attendee*

Crisis Mental Health Management. Refuge House Tallahassee, FL

Fall 2018

Role: *Invited Speaker*

Apalachee Newsletter Summer 2019 Newsletter: Treating Survivors of Sexual Assault

Summer 2019

Role: *Invited Author*

SUPERVISION AND MENTORING EXPERIENCE

Peer Reviewer, Military Psychology

2020

Reviewing Editor: **Dr. Nigel Bush**

- Services Provided: Provided peer review edits for papers submitted regarding suicidology in the military

Peer Supervisor, Florida State University Psychology Clinic 2018 – 2020

Supervisors: Dr. Norman B. Schmidt, Dr. Therese Kemper

- *Population Served:* Doctoral-level clinical trainees serving community outpatient clients, aged 14 to 68, with anxiety and trauma-related disorders.
- *Services Provided:* Provide consultation on assessment, help with case conceptualization and diagnoses, assist with treatment recommendations and planning.

Undergraduate Research Opportunity Program Mentor, Florida State University 2019 – 2020

- *Population Served:* Undergraduate and Post-Bacc research assistants interested in studying the link between PTSD and suicide.
- *Services Provided:* Weekly lab meetings and mentoring, training on conducting meta-analyses, inclusion in manuscripts presently under review.

CLINICAL WORKSHOPS AND TRAININGS

Military Suicide Research Consortium Pre-Conference Training Day (8 hours) <i>Presented by American Association for Suicidology Annual Conference</i>	2020
CBT for Suicidal Patients (30 hours) Beck Institute For Cognitive Therapy <i>Presented by Dr. Francine Broder and Dr. Robert Hindman</i>	2019
Cognitive Behavioral Therapy (4 hours) Florida State University <i>Presented by Dr. Steven Hollon</i>	2019
FSU Allies and Safe Zones Basic Training Workshop (3 hours) Florida State University <i>Presented by Josh Kinchen, M.Ed.</i>	2019
Managing Suicidal Crises with High-Risk Patients (2 hours) Florida State University <i>Presented by Dr. Thomas Joiner</i>	2018
Advanced Approaches to Motivational Interviewing (12 hours) Florida State University <i>Presented by Dr. Therese Skubic Kemper, MINT Certified Trainer</i>	2018
Historical, Clinical, Risk-20 (HCR-20) Assessment (6 hours) Florida State Hospital <i>Presented by Dr. Leslie Dellenbarger</i>	2018
FSU Allies and Safe Zones Personal Identity Workshop (3 hours) Florida State University <i>Presented by Josh Kinchen, M.Ed.</i>	2017
Introduction to Motivational Interviewing (12 hours) Florida State University <i>Presented by Dr. Therese Skubic Kemper, MINT Certified Trainer</i>	2017
Suicide Risk Assessment and Management (2 hours) Florida State University <i>Present by Dr. Thomas Joiner</i>	2016

TEACHING EXPERIENCE

Fall 2020	Instructor – General Psychology (PSY2012) Enrollment: 214
Summer 2020	Laboratory T.A.– Research Methods (PSY3213C) Enrollment: 23
Spring 2020	Laboratory T.A.– Research Methods (PSY3213C) Enrollment: 30
Fall 2019	Laboratory T.A.– Research Methods (PSY3213C) Enrollment: 28
Summer 2019	Laboratory T.A.– Research Methods (PSY3213C) Enrollment: 22
Spring 2019	Laboratory T.A.– Research Methods (PSY3213C) Enrollment: 28
Fall 2018	Laboratory T.A. – Research Methods (PSY3213C) Enrollment: 28
Summer 2018	Laboratory T.A. – Research Methods (PSY3213C) Enrollment: 16
Spring 2018	Instructor of Record – Conditioning and Learning (EXP3422C) Enrollment: 38
Fall 2017	Laboratory T.A. – Research Methods (PSY3213C) Enrollment: 28
Spring 2017	Grader - Brain and Behavior Abnormal Psychology
Fall 2016	Grader - History and Systems Abnormal Psychology

RESEARCH EXPERIENCE

2016 – Present	Florida State University <i>Graduate Research Assistant</i> <i>Principal Investigator: Thomas Joiner, Ph.D.</i>
2015 – 2016	Vanderbilt University Technology and Psychopathology Lab <i>Research Analyst II</i> <i>Principal Investigator: Joseph Franklin, Ph.D.</i>
2014	Tennessee’s Offices of Research and Education Accountability <i>Legislative Research Intern</i>
2013 – 2014	Vanderbilt University Developmental Stuttering Project <i>Graduate Research Assistant</i>
2011 – 2013	East Tennessee State University Program for the Study of Infancy <i>Undergraduate Research Assistant and Honors Student</i>

GRANT SUBMISSIONS

2021 UF FSU CTSI Pilot Grant (\$25,000 Pending)
 2020 AFSP Innovation Grant
 2020 SSCP Dissertation Grant (Awarded)
 2020 Dr. Christine Blaise Ford APF Grant for Trauma
 2020 Psi Chi Graduate Research Grant
 2020 Patient Centered Outcomes Research Institute
 2020 AFSP Pilot Research Grant
 2019 Division 17 Counseling Psychology Grants
 2019 Division 49 Group Psychotherapy Grant
 2019 Group Foundation for Advancing Mental Health
 2019 Janet Hyde Research Grant
 2019 Rosalee and Raymond A Weiss Innovation Grant
 2019 FSU Research Opportunity Program Mentorship Grant (Awarded)

PEER-REVIEWED MANUSCRIPTS

Resnik, P., De Choudhury, M, **Musacchio Schafer, K.**, and Coppersmith (2021). What a Bibliometric Study Tells us about Social Media Mental Health Research. *Journal of Medical Internet Research*.

Musacchio Schafer, K., Kennedy, G.A., Gallyer, A., & Resnik, P. (2021). Prediction of Suicide from Machine Learning and Traditional Theories: a Meta-Analysis. *PlosOne*

Musacchio Schafer, K., Kennedy, G.A., & Joiner, T.E. (2020). Hopelessness, Interpersonal, and Emotion Regulation Perspectives on Suicidal Ideation: Tests in a High Risk Clinical Sample. *Archives of Suicide Research*.

Gai, A., Ringer, F., **Musacchio Schafer, K.**, Dougherty, S., Schneider, Soberay, K., Gutierrez, P., Joiner, T., Plant, & A.(2020) Qualitative Review of the Common Data Elements associated with Military Research Suicide Consortium funded projects.

Resnik, P., Foreman, A., Kuchuk, M., **Musacchio Schafer, K.**, and Pinkham, B. (2020) Naturally Occurring Language as a Source of Evidence in Suicide Prevention. *Suicide and Life-Threatening Behavior*

Linthicum, K., **Musacchio Schafer, & K.**, Ribeiro, J. (2019). Machine Learning in Suicide Science: Applications and Ethics. *Behavioral Sciences and the Law*.

Huang, X., Ribeiro, J. D., **Musacchio, K.**, Fox, K. R., Franklin, J. C., & Nock, M. K. (2017). Demographics risk factors for suicidal thoughts and behaviors: A meta-analysis. *Plos One*.

Franklin, J.C., Ribeiro, J.D., Fox, K.R., Bentley, K.H., **Musacchio, K.**, Huang, X., Kleiman, E.M., Jaroszewski, A.C., Chang, B.P., & Nock, M.K. (2016). Risk factors for suicidal thoughts and behaviors: A meta-analysis of 50 years of research. *Psychological Bulletin*.

UNDER REVIEW MANUSCRIPTS

Musacchio Schafer, K., Clancy, and Joiner, T.E., (R and R). An Bidirectional Relationship Between PTSD and Suicidal Ideation: A Nine-Year Study. *Journal of Anxiety Disorders*

Musacchio Schafer, K., Duffy, M., Kennedy, G.A., Stentz, L.A., Leon, J., Herrerias, G., Fulcher, S., and Joiner, T.E. (R and R) Suicide among Veterans and Servicemembers: a Comprehensive Meta-Analysis of Risk Factors. *Military Psychology*

Musacchio Schafer, K., Daurio, A., French, J.A., Meltzer, A., Cogle, J.R., and Joiner, T.E., (R and R) The Link Between Anger and Suicidal Ideation. Investigations in Five-Samples. *Journal of Clinical Psychology*.

Musacchio Schafer, K., Lieberman, A. Sever, A., and Joiner, T.E., (under review). The Prevalence of Anxiety, Depressive, and Eating Pathology Symptoms During COVID-19: A Meta Analysis *Journal of Affective Disorders*

Musacchio Schafer, K. and Joiner, T.E., (under review). Patients Seeking Care for Suicide Attempts, Psychological Symptoms, and Pain within Emergency Departments. *Psychiatric Research*

Rogers, M., Jeon, M.E., Gai, A., **Musacchio Schafer, K.**, and Joiner, T.E. (R and R). Why Does Safety Planning Prevent Suicidal Behavior? *Journal of Clinical Psychology*.

Jeon, M.E., Gomez, M., Gai, A.R., Ringer, F.B., **Musacchio Schafer, K.**, and Joiner, T.E. (under review). Correlates of Peri-Pandemic Suicide Risk Controlling for Pre-Pandemic Risk. *Journal Clinical Psychology*

IN PREP MANUSCRIPTS

Groves, N.B., Janakiraman, R., Soto, E.F., Singh, L.J., Marsh, C.L., Miller, C.E., Wells, E.L., Chan, E.S.M., **Musacchio Schafer, K.**, Jeon, M., Kofler, M.J., Joiner, T.E. (in prep). An examination of symptom clusters that predict suicidal ideation in school-aged children.

Musacchio Schafer, K. and Joiner, T.E., (in prep). Anger as a Correlate of and Longitudinal Risk Factor for Suicidal Ideation in Adolescents

ORAL PRESENTATIONS

Musacchio Schafer, K.M., Duffy, M., Kennedy, G., and Joiner, T. (2020) Risk Factors of Suicidal Ideation, Attempts, and Death in Veterans and Service Members. Oral Presentation at Military Health Systems Research Symposium.

Musacchio Schafer, K.M., Duffy, M., Kennedy, G., and Joiner, T. (2019) Suicide among Veterans and Servicemembers: a Comprehensive Meta-Analysis of Risk Factors. Individual Talk at Association for Behavioral and Cognitive Therapies.

Musacchio Schafer, K.M., Huang, Linthicum, and Copperfield (2019). Machine Learning and Suicide Prediction: Theories, Application, and Ethical Considerations, Symposium at American Association of Suicidology Annual Conference

Musacchio Schafer, K.M., Park, E., Harris, L and Huang, X. (2019) NSSI research, treatment, and practice. Symposium at International Society for the Study of Self Injury Annual Conference

Musacchio Schafer, K.M. and Franklin (2018). Machine Learning Improves Upon Traditional Methods of Suicide Prediction, Individual Talk Association for Behavioral and Cognitive Therapies.

POSTER PRESENTATIONS

Musacchio Schafer, K.M., Kennedy, G.A., & Joiner, T.E.. (2019) Hopelessness, Interpersonal, and Emotion Regulation Perspectives on Suicidal Ideation: Tests in a High Risk Clinical Sample. IASR Conference. Poster

Musacchio Schafer, K.M., and Franklin (2018). A Meta-Analysis of Classical Theories of Suicide, Poster Graduate Student Research Day

Musacchio Schafer, K.M., and Franklin (2017). The Meta-Analytic Assessment of Theoretical Paradigms of Suicide, Poster Association for Behavioral and Cognitive Therapies

Musacchio Schafer, K.M., and Franklin (2017). What Do We Know About Suicide: A Meta-Analysis of Theoretical Paradigms, Poster IASR

Musacchio, K.M., Huang, Ribeiro, Franklin (2016). Self-Punishment and Capability for Suicide Interact to Longitudinally Predict Suicide Plans in the Short-Term, Poster American Association of Suicidology Annual Conference

Musacchio, K.M., Huang, Ribeiro, Franklin (2016). Does prior psychiatric treatment confer risk for suicide ideation, attempts, and death? Meta-analytic evidence from longitudinal studies, Symposium American Association of Suicidology Annual Conference

Huang, X., **Musacchio, K.M.,** Ribeiro, Franklin (2016). Depression and Hopelessness are Weak Predictors of Suicide Ideation, Attempts, and Death: Meta-Analytic Evidence from Prospective Studies, Poster American Association of Suicidology Annual Conference

Huang, X. **Musacchio, K.M.,** Ribeiro, Franklin (2016). Demographic Risk Factors for Suicidal Thoughts and Behaviors: A Meta-Analysis, Association for Behavioral and Cognitive Therapies

Musacchio, K.M., Anders, Dixon, Price. (2016). Infant Indicators of ADHD and Overweight Comorbidity, ICIS

Musacchio, K.M. and Dixon, W.E. (2013). Executive Function as a Moderator of Weight Gain in Infants, Appalachian Student Research Forum