

CURRICULUM VITAE

Kelly L. Zuromski, Ph.D.

Harvard University
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ACADEMIC APPOINTMENTS

2017-present **Postdoctoral Fellow**
Army Study to Assess Risk and Resilience in Service members (Army STARRS)
and Military Suicide Research Consortium
Harvard University
Cambridge, Massachusetts

EDUCATION

2014-2017 **Auburn University**
Auburn, Alabama
Degree Earned: PhD
Major field: Clinical Psychology
Major Professor: Tracy K. Witte, PhD
Title of dissertation: Insomnia Drives Changes in Suicide Ideation: A Latent
Change Model of Community Adults Over a Brief Interval

2016-2017 **Charleston Consortium**
Medical University of South Carolina
Predoctoral Internship in Clinical Psychology (APA-Accredited)
Charleston, South Carolina
Training Directors: Dean Kilpatrick, PhD & Daniel Smith, PhD
Research Preceptors: Dean Kilpatrick, PhD & Heidi Resnick, PhD

2011-2014 **Auburn University**
Auburn, Alabama
Degree Earned: MS
Major field: Clinical Psychology
Major Professor: Tracy K. Witte, PhD
Title of thesis: Restrictive Eating and Risk for Suicidal Behavior: An Application of
the Interpersonal-Psychological Theory of Suicide

2007-2011 **University of Florida**
Gainesville, Florida
Degrees Earned: BS, with Highest Honors, Psychology; BA, with Honors,
Criminology and Law; Minor, Spanish
Honors Thesis Advisor: Kenneth G. Rice, PhD
Title of thesis: Perfectionism, self-control, and academic behavior

HONORS AND AWARDS

2017	Graduate School Commencement Marshal, Auburn University. Selected to represent the Graduate School at the Auburn University graduation processional based on academic merit.
2017	Military Suicide Research Consortium, Pre-Conference Research Training Day Travel Award. Training day held prior to 2017 Annual American Association of Suicidology Conference in Phoenix, AZ. Amount awarded: \$1000.
2016	Senior Research Productivity Award, Department of Psychology, Auburn University. Amount awarded: \$500.
2016	Outstanding Graduate Student Award, Auburn University. Selected as nominee for the Psychology Department, and chosen as one of ten doctoral students for university-wide award based on academic excellence.
2015	Military Suicide Research Consortium, Dissertation Completion Award. Amount awarded: \$2000.
2015	Military Suicide Research Consortium, Pre-Conference Research Training Day Travel Award. Training day held prior to 2015 Annual American Association of Suicidology Conference in Atlanta, GA. Amount awarded: \$1000.
2015	Auburn University, Department of Psychology, Clinical Research Enhancement Award. Amount awarded: \$500.
2013	Military Suicide Research Consortium, Pre-Conference Research Training Day Travel Award. Training day held prior to 2013 Annual American Association of Suicidology Conference in Austin, TX. Amount awarded: \$1000.
2013	Auburn University, Department of Psychology, Clinical Research Enhancement Award. Funding awarded for purchase of statistical software. Amount awarded: \$250.
2013	Auburn University, Department of Psychology Travel Award. Amount awarded: \$500.
2010	University of Florida, Charles Vincent & Heidi Cole McLaughlin Endowment Scholarship. Award based on academic merit. Amount awarded: \$1000.
2010	University of Florida, International Center Study Abroad Scholarship. Amount awarded: \$1000.
2010	University of Florida, University Scholar Award. Fellowship awarded to conduct senior thesis project. Amount awarded: \$2000.
2007-2011	Walt Disney World Foundation Half-Tuition Academic Merit Scholarship Florida Bright Futures Academic Scholar Award. Awarded full undergraduate tuition for all semesters enrolled. Dean's List, University of Florida

PUBLICATIONS (in reverse chronological order)

PEER-REVIEWED JOURNAL ARTICLES

1. Resnick, H., **Zuromski, K. L.**, Galea, S., Price, M., Kilpatrick, D. G., & Ruggiero, K. (in press). Prior interpersonal violence exposure and recent disaster characteristics as predictors of PTSD and depression among adolescent victims of the Spring 2011 tornadoes. *Journal of Interpersonal Violence*.
2. Cero, I., **Zuromski, K. L.**, Witte, T. K., Fix, R., & Burkhart, B. (in press). Race, offense type, and suicide ideation: Tests of the interpersonal-psychological theory in juvenile offenders. *Suicide and Life-Threatening Behavior*.
3. **Zuromski, K. L.**, Cero, I., & Witte, T. K. (in press). Insomnia symptoms drive changes in suicide ideation: A latent difference score model of community adults over a brief interval. *Journal of Abnormal Psychology*.
4. Spitzer, E., **Zuromski, K. L.**, Witte, T. K., Davis, M. D., & Weathers, F. W. (in press). Posttraumatic stress disorder symptom clusters and acquired capability for suicide: A re-examination using DSM-5 criteria. *Suicide and Life-Threatening Behavior*.

5. †Witte, T. K., †Holm-Denoma, J. M., **Zuromski, K. L.**, Gauthier, J. M., & Ruscio, J. (2017). Individuals at high risk for suicide are categorically distinct from those at low risk. *Psychological Assessment, 29*, 382-393. †Joint First Authorship.
6. **Zuromski, K. L.**, Cero, I., Witte, T. K., & Zeng, P. (2017). The quadratic relationship between body mass index and suicide ideation: A non-linear analysis of indirect effects. *Suicide and Life-Threatening Behavior, 47*, 155-167.
7. Rojewski, A. M., **Zuromski, K. L.**, & Toll, B. A. (2017). Strategies for smoking cessation among high-risk populations to prevent lung cancer. *Expert Review of Respiratory Medicine, 11*, 85-87.
8. Forrest, L., **Zuromski, K. L.**, Dodd, D., & Smith, A. (2017). Suicidality in adolescents and adults with binge eating disorder: Results from the National Comorbidity Survey Replication and Adolescent Supplement. *International Journal of Eating Disorders, 50*, 40-49.
9. Witte, T. K., **Zuromski, K. L.**, Gauthier, J. M., Smith, A. R., Bartlett, M., Siegfried, N., Bodell, L., & Goodwin, N. (2016). Restrictive eating: Associated with suicide attempts, but not acquired capability, in residential patients with eating disorders. *Psychiatry Research, 235*, 90-96.
10. **Zuromski, K. L.**, Witte, T. K., Smith, A. R., Goodwin, N., Bodell, L. P., Bartlett, M., & Siegfried, N. (2015). Increased prevalence of vegetarianism among women with eating pathology. *Eating Behaviors, 19*, 24-27.
11. Cero, I., **Zuromski, K. L.**, Witte, T. K., Ribeiro, J. D., & Joiner, T. E. (2015). Perceived burdensomeness, thwarted belongingness, and suicide ideation: Re-examination of the interpersonal-psychological theory in two samples. *Psychiatry Research, 228*, 61-67.
12. **Zuromski, K. L.**, & Witte, T. K. (2015). Fasting and acquired capability for suicide: A test of the interpersonal-psychological theory of suicide in an undergraduate sample. *Psychiatry Research, 226*, 61-67.
13. Gauthier, J. M., **Zuromski, K. L.**, Gitter, S., Witte, T. K., Cero, I. J., Gordon, K. H., Ribeiro, J. D., Anestis, M. D., & Joiner, T. E. (2014). The interpersonal-psychological theory of suicide and exposure to video game violence. *Journal of Social and Clinical Psychology, 33*(6), 512-535.
14. **Zuromski, K. L.**, Davis, M. T., Witte, T. K., Weathers, F. W., & Blevins, C. (2014). PTSD symptom clusters are differentially associated with components of the acquired capability for suicide. *Suicide and Life-Threatening Behavior, 44*, 682-697.

ARTICLES UNDER REVIEW

1. **Zuromski, K. L.**, Resnick, H., Price, M., Galea, S., Kilpatrick, D. G., & Ruggiero, K. (2017). *Suicidal ideation among adolescents following natural disaster: The role of prior interpersonal violence*. Article submitted for publication.
2. Smith, A. R., **Zuromski, K. L.**, & Dodd, D. R. (2017). *Eating disorders and suicidality: What we know, we don't know, and suggestions for future research*. Article submitted for publication.
3. Davis, M., Sexton, M. B., **Zuromski, K. L.**, & Rauch, S. (2017). *Sex, posttraumatic cognitions, and suicidal ideation among veterans seeking trauma-focused treatment*. Article submitted for publication.
4. Walsh, K., Kilpatrick, D. G., **Zuromski, K. L.**, Gilmore, A. K., Badour, C. L., Acierno, R., & Resnick, H. S. (2017). *Interactions among prior rape history, cortisol in the emergency room, and a video intervention prospectively predict suicidal ideation among recent rape victims*. Article submitted for publication.
5. **Zuromski, K. L.**, Cero, I., & Witte, T. K. (2016). *Non-monotonic temporal variation in fearlessness about death: A latent class growth analysis*. Article submitted for publication.
6. Gauthier, J. M., **Zuromski, K. L.**, Diulio, A. R., Witte, T. K., & Correia, C. (2016). *Factors impacting National Alcohol Screening Day attendance: A comparison of attendee and non-attendee characteristics and motivations*. Article submitted for publication.
7. Rojewski, A. M., Hyland, A., Mahoney, M. C., Cooper, L. M., **Zuromski, K. L.**, Celestino, P., Koutsky, J., Pike, S., & Toll, B. A. (2016). *Feasibility of delivering varenicline through a telephone quitline to promote smoking cessation*. Article submitted for publication.

PUBLISHED ABSTRACTS

1. **Zuromski, K. L.**, Allan, N., Wilkerson, A. K., & Stecker, T. (2017). Insomnia and suicidal ideation among military personnel: Exploring joint symptom trajectories over a 12-month period. *Sleep*, 40(S1), A414.

ORAL PRESENTATIONS

1. **Zuromski, K. L.**, Davis, M., Sexton, M. B., & Rauch, S. A. M. (2017, November). *Sex, posttraumatic cognitions, and suicidal behavior in veterans*. In M. Davis (Chair), *Trauma and posttraumatic cognitions: Differences across diverse populations*. Symposium accepted for presentation at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
2. **Zuromski, K. L.**, Allan, N., Wilkerson, A. K., & Stecker, T. (2017, June). *Insomnia and suicidal ideation among military personnel: Exploring joint symptom trajectories over a 12-month period*. Paper presented at the joint meeting of the American Academy of Sleep Medicine and Sleep Research Society, Boston, MA.
3. Spitzer, E., **Zuromski, K. L.**, Witte, T. K., Davis, M. D., & Weathers, F. W. (2016, April). Examining the relationship between DSM-5 PTSD symptom clusters and the acquired capability for suicide. In L. Monteith (Chair), *Enhancing our understanding of trauma and suicide through the Interpersonal-Psychological Theory*. Symposium presented at the meeting of the American Association of Suicidology, Chicago, IL.
4. **Zuromski, K. L.**, Cero, I., & Witte, T. K. (2015, April). Temporal variation in acquired capability for suicide: Tests of the interpersonal-psychological theory of suicide over a brief interval. In **K. L. Zuromski** (Chair), *On the temporal (in)stability of acquired capability for suicide*. Symposium presented at the meeting of the American Association of Suicidology, Atlanta, GA.
5. Cero, I., **Zuromski, K. L.**, & Witte, T.K. (2015, April). Are suicidal desire and capability really orthogonal? In **K. L. Zuromski** (Chair), *On the temporal (in)stability of acquired capability for suicide*. Symposium presented at meeting of the American Association of Suicidology, Atlanta, GA.
6. Witte, T. K., Holm-Denoma, J., **Zuromski, K. L.**, Gauthier, J. M., & Ruscio, J. (2014, April). A *taxometric investigation of suicide risk*. Paper presented at the meeting of the American Association of Suicidology, Atlanta, GA.
7. Cero, I., **Zuromski, K. L.**, Witte, T. K., & Burkhart, B. (2013, April). Is the interpersonal-psychological theory of suicide interactive? In K. A. Van Orden (Chair), *The role of social disconnection in suicide risk*. Symposium presented at the meeting of the American Association of Suicidology, Austin, TX.

POSTER PRESENTATIONS

1. Spitzer, E. G., **Zuromski, K. L.**, Cero, I., & Witte, T. K. (2017, April). *Exploring the temporal relationship between insomnia symptoms, depressive symptoms, and suicidal ideation*. Poster presented at the annual meeting of the American Association of Suicidology, Phoenix, AZ.
2. Forrest, L. N., **Zuromski, K. L.**, Dodd, D. R., & Smith, A. R. (2016, October). *Suicidality in adults and adolescents with binge eating disorder: Results from the National Comorbidity Survey Replication and Adolescent Supplement*. Research poster presented at the XXIInd Eating Disorders Research Society Annual Meeting, New York City, NY.
3. **Zuromski, K. L.**, Cero, I., & Witte, T. K. (2016, October). *Do changes in insomnia precede changes in suicide ideation? A latent change model of community adults over a brief interval*. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
4. Forrest, L. N., **Zuromski, K. L.**, Dodd, D. R., & Smith, A. R. (2016, October). *Suicidality in Adults and Adolescents with Binge Eating Disorder: Results from the National Comorbidity Survey Replication and Adolescent Supplement*. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York City, NY.
5. **Zuromski, K. L.**, Cero, I., Witte, T. K., & Zeng, P. (2016, April). *The quadratic relationship between body mass index and suicide ideation: A non-linear analysis of indirect effects*. Poster presented at the meeting of the American Association of Suicidology, Chicago, IL.

6. Cero, I., **Zuromski, K. L.**, Witte, T. K., & Burkhart, B. (2016, April). *Suicide ideation in juveniles with adjudicated sexual offenses: Tests of racial interactions in the Interpersonal-Psychological Theory*. Poster presented at the meeting of the American Association of Suicidology, Chicago, IL.
7. Gauthier, J. M., **Zuromski, K. L.**, Diulio, A., & Witte, T. K. (2014, November). *National alcohol screening day: Motivational and symptomatic differences between attendees and non-attendees*. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
8. **Zuromski, K. L.**, Gauthier, J. M., & Witte, T. K. (2013, November). *Restrictive eating and acquired capability for suicide: An application of the interpersonal-psychological theory of suicide*. Poster presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
9. Gauthier, J. M., **Zuromski, K. L.**, & Witte, T. K. (2013, November). *Does the interpersonal-psychological theory of suicide explain the relationship between alcohol misuse and suicidal behavior?* Poster presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
10. **Zuromski, K. L.**, Davis, M. T., Witte, T. K., Blevins, C., & Weathers, F. W. (2013, April). *Exploring the relationship between PTSD symptom clusters and the acquired capability for suicide*. Poster presented at the meeting of the American Association of Suicidology, Austin, TX.
11. Gauthier, J. M., **Zuromski, K. L.**, Witte, T. K., Gitter, S., Ribeiro, J...Joiner, T. (2012, November). *Interpersonal theory of suicide and violent video games: The effect of exposure to virtual violence*. Poster presented at the 46th Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
12. **Zuromski, K. L.** (2011, April). *Perfectionism, self-control, and academic behavior*. Poster presented at University of Florida Research Forum, Gainesville, FL.

CLINICAL EXPERIENCE

- 8/2016-7/2017 **Psychology Intern**, Medical University of South Carolina, Charleston, SC.
Agency Types: VA medical center (Ralph H. Johnson VAMC), hospital (Hollings Cancer Center), community outpatient clinics.
Populations served: Adults and children from the Charleston community and surrounding areas.
Job description: Individual and group Cognitive Behavioral Therapy for Insomnia and Anxiety; individual Prolonged Exposure and Cognitive Processing Therapy; brief intervention and motivational interviewing for smoking cessation among at-risk individuals and individuals with smoking-related cancers; participation in multidisciplinary treatment team for adults with sleep and anxiety disorders; completed formal training in Prolonged Exposure Therapy with Dr. Peter Tuerk.
Supervisors: Amanda Gilmore, PhD; Melissa Milanak, PhD; Benjamin Saunders, PhD; Benjamin Toll, PhD.
- 8/2015-7/2016 **Graduate Intern**, Central Alabama Veterans Healthcare System, Tuskegee, AL.
Agency Type: VA medical center.
Populations served: Veterans in central Alabama.
Description: Provided empirically supported treatments including cognitive processing therapy to Veterans who experienced military sexual trauma in both individual and group contexts. 13 hours per week.
Supervisor: Lindsey Davis, PhD.
- 8/2014-8/2015 **Graduate Clinician**, Auburn University Harrison School of Pharmacy, Auburn, AL.
Agency Type: University outpatient student clinic.
Population served: Students in the Harrison School of Pharmacy.

Description: Provided individual psychotherapy services using empirically supported treatments to graduate students presenting with a variety of concerns, including persistent mental illness. Maintained caseload of 10 individual therapy clients. 13 hours per week.

Supervisor: Frank Weathers, PhD.

8/2012-9/2014

Psychological Trainee, Auburn University Psychological Services Center, Auburn, AL.

Agency Type: University-based outpatient community mental health clinic.

Populations served: Adults from the Auburn community. This clinic offers services on a sliding scale, and serves a relatively low SES population.

Description: Provided outpatient psychotherapy using empirically supported treatments; conducted comprehensive ADHD/LD and other diagnostic assessments; attended weekly didactic seminars. 10 hours per week.

Individual Therapy: Maintained a caseload of 3-4 individual therapy clients with a wide range of concerns, including serious mental illness.

Assessments: Conducted comprehensive ADHD, learning disorder, and other assessments for adults.

Supervisors: Chris Correia, PhD; Polly Dunn, PhD; Rich Mattson, PhD; Frank Weathers, PhD.

8/2013-8/2014

Psychological Trainee, Auburn University Student Counseling Services, Auburn, AL.

Agency Type: University counseling center.

Population served: University undergraduate and graduate students.

Description: Provided individual and group psychotherapy services; member of the Eating Disorder Treatment Team, which provides comprehensive treatment to students diagnosed with eating disorders in collaboration with a consulting physician and registered dietician. 13 hours per week.

Individual Therapy: Maintained a caseload of 9-10 individual therapy clients. Used a range of empirically supported treatments, including cognitive-behavior therapy, interpersonal therapy, motivational interviewing and emotion-focused therapy.

Group Therapy: Co-facilitator of two therapy groups, applying an interpersonal therapy model.

Supervisors: Dustin Johnson, PhD; Jan Miller, PhD; Brandy Smith, PhD.

8/2012-8/2013

Assessment Intern, Mount Meigs, Alabama Department of Youth Services, Mount Meigs, AL.

Agency Type: Juvenile correctional facility.

Population served: Adolescents and young adults (under age 19) convicted of sexual and non-sexual offenses. This facility provides treatment to adolescent sexual offenders through the Accountability Based Sex Offender Program.

Description: Conducted comprehensive pre-treatment and post-treatment psychological assessments and risk assessments. Assessments were used to develop treatment plans and assess risk levels upon discharge from facility. 16 hours per week.

Supervisor: Barry Burkhart, PhD.

10/2010-7/2011

Care Team Counselor, Alachua County Crisis Center, Gainesville, FL.

Agency Type: 24-hour counseling services provided by community mental health center.

Populations served: Community adolescents and adults in crisis.

Description: Provided in-person counseling services in response to crises in the community, including death notifications, high-risk suicidal callers to the suicide hotline, and other situations where the Alachua County Sheriff's Office or

University of Florida requested on-site counseling. On-call for one day a week (24 hour coverage).

Supervisor: Marshall Knudson, PhD.

- 9/2009-7/2011 **Crisis Counselor**, Alachua County Crisis Center, Gainesville, FL.
Agency Type: 24-hour crisis hotline located in a community mental health center.
Populations served: Adolescents and adults in crisis. This center is linked with the National Suicide Prevention Lifeline.
Description: Used a crisis intervention model to provide counseling services to a wide range of callers. 4 hours per week.
Supervisor: Marshall Knudson, PhD.
- 1/2010-6/2010 **Counseling and Assessment Intern**, North Florida Evaluation and Treatment Center, Gainesville, FL.
Agency Type: Psychiatric forensic facility.
Population served: Committed adult men who were deemed incompetent to proceed in court, or who received verdicts of not guilty by reason of insanity.
Description: Conducted and wrote forensic mental status exams to be used in court, conducted competency interviews with patients, co-facilitated and observed counseling sessions and medical rounds with staff. 9 hours per week.
Supervisor: Victor Buehler, LMHC.

TEACHING EXPERIENCE

- 1/2012-6/2012 Graduate Teaching Assistant, Introduction to Psychology, Auburn University.
Advisor: Mark Silvestri, MS.
Description: Conducted large lectures, graded quizzes and exams, prepared quizzes, led weekly discussions for three sections, created and graded exams and quizzes, and proctored exams.
- 8/2011-12/2011 Graduate Teaching Assistant, Introduction to Psychology, Auburn University.
Faculty Advisor: Martha Escobar, PhD.
Description: Led weekly discussions for three sections, graded exams and quizzes, proctored exams.
- 8/2010-12/2010 Private Tutor, University Athletic Association, University of Florida.
Description: Conducted individual tutoring with student athletes in Introduction to Research Methods in Psychology and Abnormal Psychology; created sample tests, study guides.
- 1/2009-5/2009 Undergraduate Teaching Assistant, Abnormal Psychology, University of Florida.
Advisor: Joseph Hannah, PhD.
Description: Created and proctored exams; held office hours to assist students with material.

SERVICE AND OUTREACH

- 2011-2016 Interview Weekend Committee, Auburn University
2015 National Alcohol Screening Day at Auburn University, Volunteer Screener
2015 Graduate Student Coordinator, Auburn University Department of Psychology Interview Weekend

- 2014 Stress Reduction Outreach Event, Student Counseling Services, Auburn University, Volunteer
- 2014 National Alcohol Screening Day at Auburn University, Volunteer Screener
- 2013 Stress Reduction Outreach Event, Student Counseling Services, Auburn University, Volunteer
- 2013 National Depression Screening Day at Auburn University, Volunteer Screener
- 2013 National Alcohol Screening Day at Auburn University, Volunteer Screener
- 2013 Invited Judge (Behavioral and Social Sciences category), Greater East Alabama Regional Science and Engineering Fair, Auburn, AL
- 2012 Eating Disorders in Children and Adolescents, Presentation, Lee County Youth Development Center, Opelika, AL
- 2012 National Depression Screening Day at Auburn University, Volunteer Screener
- 2012 National Alcohol Screening Day at Auburn University, Volunteer Screener
- 2011 National Depression Screening Day at Auburn University, Volunteer Screener

REVIEWING ACTIVITIES

Ad-hoc reviewer:

Suicide and Life-Threatening Behavior

Journal of Affective Disorders

PROFESSIONAL AFFILIATIONS

American Psychological Association, Student Affiliate

Association for Behavioral and Cognitive Therapies, Student Member

American Association of Suicidology, Student Member

REFERENCES

Tracy K. Witte, PhD

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